

2025 FCO Palmyra (Orange) Players Guide

2025 FCO Palmyra (Black) Players Guide



Version 10





Welcome back!

Palmyra Parks and Recreation

with the

Palmyra Flying Disc Club Have been busy since the Last FCO!



9 new Holes with
Tees coming in
Summer of 2025

7 Differences
between a/b
pools



Flower City Open

WhatsApp Group



WhatsApp Group
for communication
before/during the
FCO Tournament

For communication leading up to and during the Tournament!
Practice rounds and notifications during the Tournament

<https://chat.whatsapp.com/HMNslBcXSNq1ioTmoYrOBo>

Welcome back!

Biggest changes for
returning FCO players:

A Pool: all Pro divisions and MA1

B Pool: The rest!

No Shuttle - you can drive down to Orange

Black 2 - No Mando, use Painted OB lines

No Flymart - Bring what you throw!

Players Pack includes -

Commemorative T-Shirt

(by local Disc Golfing Artist)

Inner Core 2|4|-0.5|0 from Trash Panda

(Ice plastic with a Ghost FCO top stamp)



2025 Flower City Open Players Guide



Food Truck

Shuttle Pick up/drop off

Tournament Central
Reception and Registration

Parking



2025 Flower City Open Players Guide



PDGA B Tier

We will be using **Official Rules of Disc Golf** along with the **Competition Manual for Disc Golf Events**

The Following rules were pulled out as a quick list you may refer to as they are the most likely occurrences at Palmyra (Black) and Palmyra (Orange) during this years Flower City Open:

(804.01) Mandatory - If part of a thrown disc clearly enters into a restricted plane, the player receives one penalty throw, Designated dropzone will be marked!

(805.03) Lost Disc - A player whose disc has been declared lost receives one penalty throw. The next throw is made from the previous lie. FCO will not have DZ's for lost discs

(806.02) Out of Bounds - Marked Long Grass Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.

(806.03) Casual Area (Water) - To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play

(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.

Water: (Black - at spigots between B1&B2, & B17 Orange - Water coolers @ O1, O10, O13)



2025 Flower City Open Players Guide

Palmyra (Black)



Hole	Special TD Notes	Special Rules in play for this hole
1	Possible water left of basket	(806.03) Casual Area (Water) - To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play
2	<p>This year we removed the Mando, however there is a OB line left side protecting hole 1 tee area. Sand pit is still safe to play in. Basket is across the road, white stakes long are not in play, (Horseshoe pit) landing on road is a Hazard, Grass on right of road is OB (HAZARD is NOT considered in bounds) so a shot landing in the right ob comes back to the last place it was inplay, meaning the grass on the left of the road. All Grass on basket side of road is inbounds.</p>	<p>(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.</p> <p>(806.02) Out of Bounds - Grass Right of Road (Haz) - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.</p>
3	<p>Pools are throwing to different Pins!</p> <p>A pool throwing longer to the left</p> <p>B pool throwing shorter on the right</p> <p>Going over the Ball field not really an option unless tee shot drifts left, Road does not come into play, unless very windy. Ditches not ob, but will cost footing</p>	<p>(806.02) Out of Bounds - Ball Field Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.</p> <p>(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.</p> <p>(806.03) Casual Area (Water) - To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play</p>



2025 Flower City Open Players Guide

Palmyra (Black)



Hole	Special TD Notes	Special Rules in play for this hole
4	<p>Pools are throwing to different Pins!</p> <p>A pool throwing longer</p> <p>B pool throwing shorter</p> <p>Road left does not really come into play, but does count as HAZ on hole, the ditches will cost footing. This hole is quickly becoming a favorite. Birdie is a Bonus</p>	<p>(806.02) Out of Bounds - Beyond the road plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.</p> <p>(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.</p>
5	<p>Long Grass on left will be marked for OB, ob gets tighter closer to the basket, no OB in treeline down right side. RHBH Turnovers have to deal with the guardian trees</p>	<p>(806.02) Out of Bounds - Marked Long Grass Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.</p> <p>(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.</p>
6	<p>Old Favorite, trouble early right side, no OB</p>	
7	<p>no OB on this hole, but woods are thick! Left of the thicket is a possibility, but brings guardian trees into play Elevated Hole makes putting a bit trickier. Avoid going long of elevated basket, elevation change is brutal!!</p>	



2025 Flower City Open Players Guide



Palmyra (Black)

Hole	Special TD Notes	Special Rules in play for this hole
8	Errant throw might bring Road into play, not likely	(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.
9	Nicknamed the Big Island, keep it off the Road (HAZ) and you are fine. Grass long of the road is OB. Card should establish a position that the disc was last in play. B10 is back over by the Pickleball Courts	(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty. (806.02) Out of Bounds - Beyond the road plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.
10	Fun downhill Bomber shot. Some tee shots can drift towards 11's pad, please yell!!!	
11	Road (HAZ) does not come into play unless a drive holds too long. no ob on hole	(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.
12	Old Favorite, Trees are thick and do not really offer a chance to advance, no ob on hole	
13	Uphill tunnel tee shot, basket is in left position and tight against the woods. Swing right for an attackable line or hit a tight window, no ob on hole	



2025 Flower City Open Players Guide

Palmyra (Black)

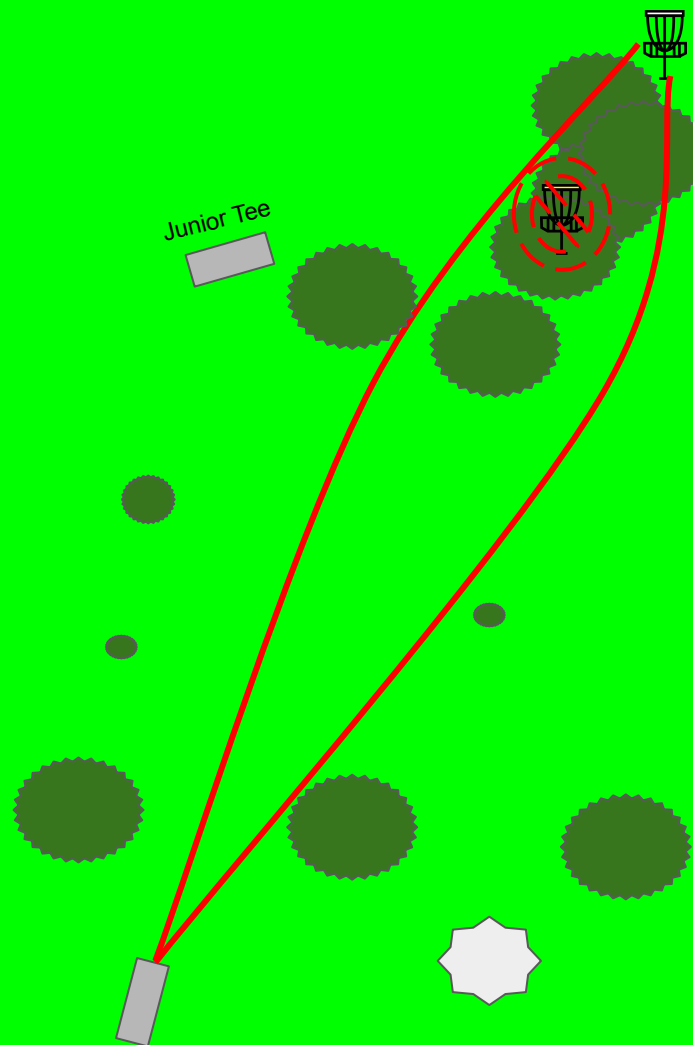


Hole	Special TD Notes	Special Rules in play for this hole
14	Double Mandatory requires tee shot to go between cedars. Missing Mando will advance the player to the Marked Junior Tee (playground Sidewalk) throwing 3	(804.01) Mandatory - If part of a thrown disc clearly enters into a restricted plane, the player receives one penalty throw, Designated dropzone will be marked, where possible we will be using "Junior Tees"
15	Old Favorite, Trees are thick no real chance to advance, no OB There is a chance some drives might flip up to stay on the road which would be a Hazard	(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.
16	CTP! New to FCO 2025, Sidewalk beyond basket is OB!! Basic Park Golf, Chance if windy a drive may get away onto the Road (HAZ), Cedars Right protect big Hyzers	(806.02) Out of Bounds - Beyond the road <u>and near side of the sidewalk</u> play as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty. (806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.
17	Old Favorite, Right side Trees are thick and do not really offer a chance to advance, no OB	
18	Pools are throwing to different Pins! A pool throwing longer to the left B pool throwing shorter on the right There is a Mando on the Right, keeping Tee Shots off of the B10 Fairway. Road plays as a Hazard, short grass on poolside of road is also safe. Gravel Parking lot is safe	(804.01) Mandatory - If part of a thrown disc clearly enters into a restricted plane, the player receives one penalty throw, Designated dropzone will be marked, where possible we will be using "Junior Tees" (806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.

<div>  <div> <div>A/B Pool</div> <div>A/B pool Differences</div> </div> </div>						<div>  <div>2025 FCO Cheat sheet</div> </div>					
Palmyra (Black)						Palmyra (Orange)					
Hole	Par	Pro	Am	Pro Hole	Am Hole	Hole	Par	Pro	Am	Pro Hole	Am Hole
1	3	405	405	b	b	1	4	846	675	b	b
2	4	512	512	b	b	2	4	445	445	b	b
3	4	852	680	b	a	3	4	429	429	b	b
4	4	673	547	b	a	4	4	501	501	b	b
5	4	551	551	b	b	5	3	257	257	a	a
6	3	267	267	a	a	6	3	252	252	b	b
7	4	594	594	b	b	7	3	204	204	b	b
8	3	198	198	a	a	8	3	285	259	b	a
9	4	629	629	b	b	9	3	285	285	b	b
10	3	442	442	b	b	10	4	609	609	b	b
11	3	400	400	b	b	11	3	222	222	b	b
12	4	445	445	b	b	12	3	302	302	b	b
13	3	400	400	a	a	13	3	290	290	b	b
14	3	265	265	a	a	14	3	200	200	a	b
15	3	436	436	b	b	15	3	420	420	b	b
16	3	225	225	a	a	CTP 16	4	618	618	a	a
17	3	291	291	a	a	17	4	517	476	b	a
18	4	551	482	b	a	18	4	777	608	b	a
	62	8136	7769				62	7459	7052		



2025 FCO Palmyra (Black) B1b 405ft Par 3



~~A Pin 320 ft~~
B Pin 405 ft



Volleyball





2025 FCO Palmyra (Black) B2b 512ft Par 4



Volleyball



Mandatory (804.01)

If part of a thrown disc clearly enters into a restricted plane, the player receives one penalty throw, Designated dropzone is the Junior Tee, which will be marked

Roads play as HAZARD (806.05)
If Disc is completely surrounded by the Road, play as it lies with a stroke penalty



Junior Tee



~~A Pin 378 ft~~
B Pin 512 ft

(806.02) Out of Bounds - Grass Long of Hazard Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.



2025 FCO Palmyra (Black) B3a/b 680/852ft Par 4

A/B pool
diff Baskets

A Pool 852 ft

B Pool 680 ft

Out of Bounds



Junior Tee

Ball Field Plays as
OB (806.02)

If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound. Play from that location with a stroke penalty.

Roads play as HAZARD (806.05)
If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.



2025 FCO Palmyra (Black) B4a/b 547/673ft Par 4

A Pool 673 ft

B Pool 547 ft

Junior Tee

A Pin 547 ft
B Pin 673 ft

Roads play as HAZARD (806.05)
If Disc is completely surrounded by
the Road, play as it lies with a
stroke penalty



2025 FCO Palmyra (Black)

B5b 551ft Par 4

Roads play as HAZARD (806.05)
If Disc is completely surrounded by the Road, play as it lies with a stroke penalty

Long Grass Plays as OB (806.02)
If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty

Long Grass will play as OB for FCO!

Long Grass will play as OB for FCO!

Junior Tee

~~A Pin 467 ft~~
B Pin 551 ft



2025 FCO Palmyra (Black)

B6a 267ft Par 3

A Pin 267 ft
~~B Pin 301 ft~~





2025 FCO Palmyra (Black)

B7b 594ft Par 4

~~A Pin 493 ft~~
B Pin 594 ft





2025 FCO Palmyra (Black) B8a 198ft Par 3

A Pin 198 ft
~~B Pin 298 ft~~

Junior Tee

Roads play as HAZARD (806.05)
If Disc is completely surrounded by
the Road, play as it lies with a stroke
penalty





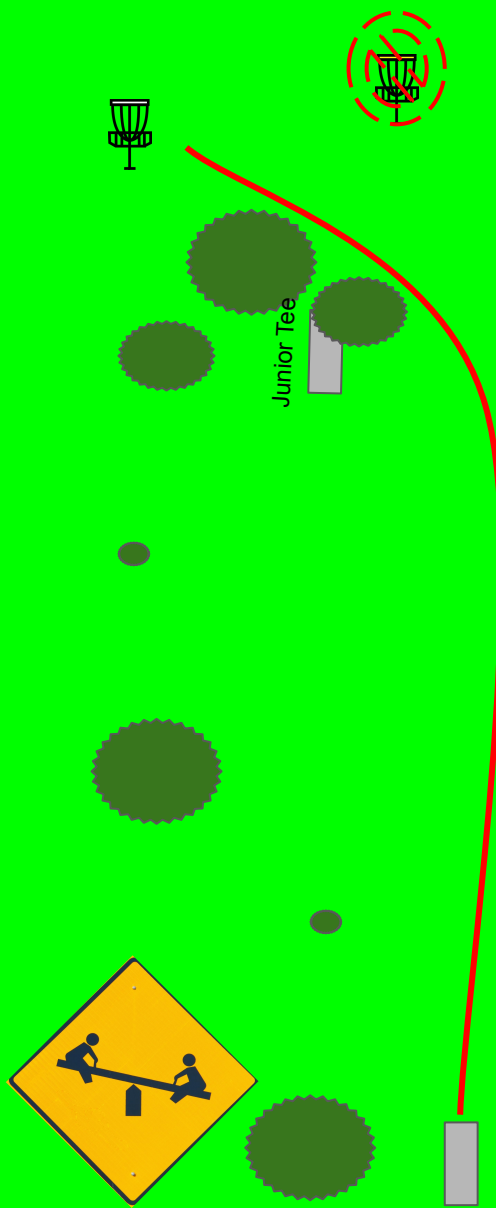
(806.02) Out of Bounds - Grass Long of Hazard Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.

Roads play as HAZARD (806.05)
If Disc is completely surrounded by
the Road, play as it lies with a stroke
penalty



2025 FCO Palmyra (Black) B10b 442ft Par 3

~~A Pin 442 ft~~
B Pin 442 ft



Pickleball Courts





2025 FCO Palmyra (Black) B11b 400ft Par 3

Roads play as HAZARD (806.05)
If Disc is completely surrounded by
the Road, play as it lies with a stroke
penalty

~~A Pin 350 ft~~
B Pin 400 ft

Junior Tee





2025 FCO Palmyra (Black) B12b 445ft Par 4





2025 FCO Palmyra (Black) B13a 400ft Par 3

A Pin 400 ft
~~B Pin 431 ft~~





2025 FCO Palmyra (Black) B14a 265ft Par 3

A Pin 265 ft
~~B Pin 315 ft~~

Double Mandatory (804.01)
If part of a thrown disc clearly enters into a restricted plane, the player receives one penalty throw, Designated dropzone is the Junior Tee, which will be marked





2025 FCO Palmyra (Black) B15b 436ft Par 3





2025 FCO Palmyra (Black) B16a 225ft Par 3

CTP!

Roads play as
HAZARD (806.05)
If Disc is completely
surrounded by the
Road, play as it lies
with a stroke penalty



Junior Tee



A Pin 225 ft
~~B Pin 225 ft~~

(806.02) Out of Bounds -
**Beyond the road and
sidewalk** play as OB - If Disc
is completely surrounded by
OB, Card will decide where
the last position the Disc was
inbound Play from that
location with a stroke penalty.

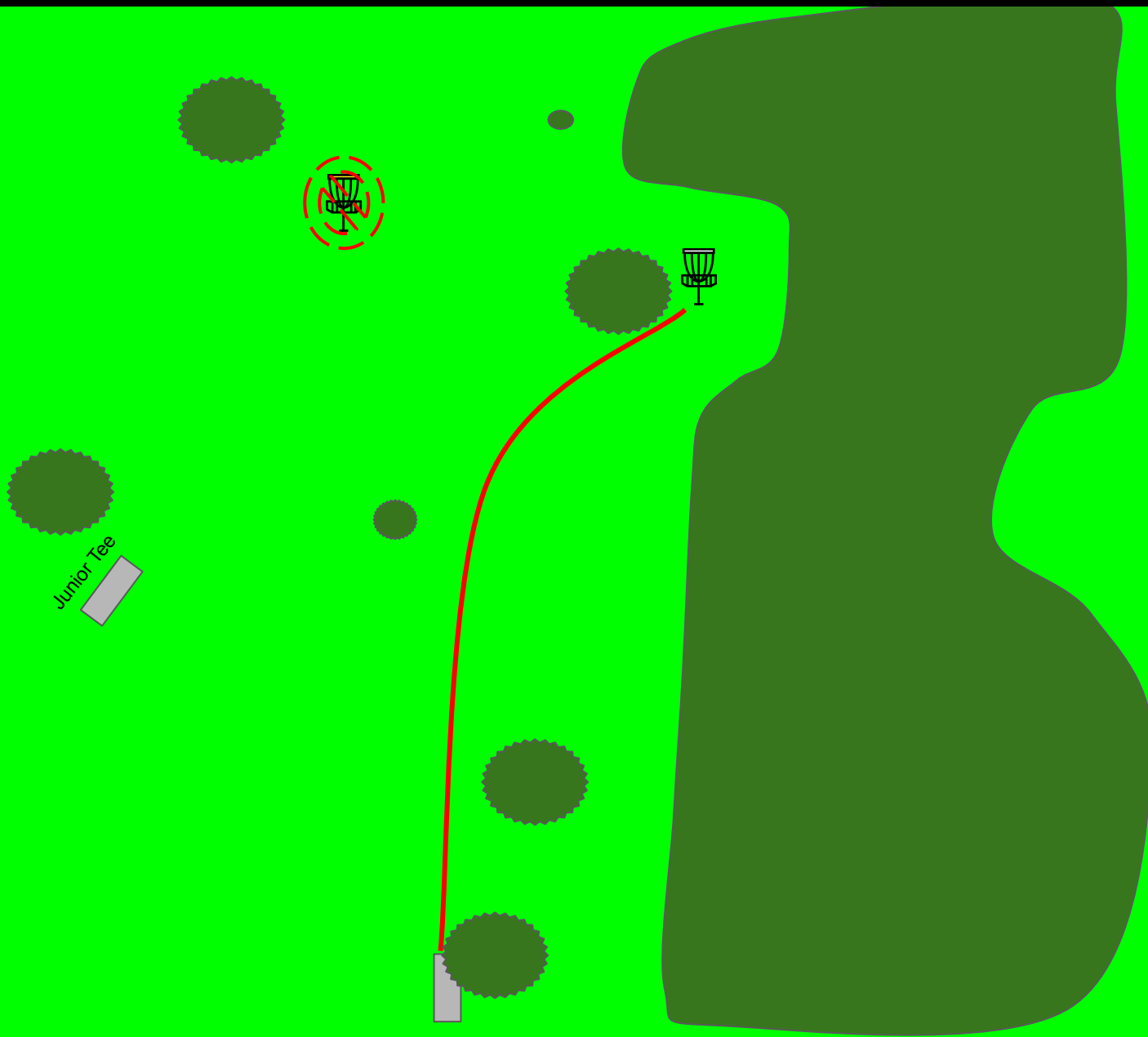


2025 FCO Palmyra (Black) B17a 291ft Par 3

A Pin 291 ft

~~B Pin 311 ft~~

Junior Tee





2025 FCO Palmyra (Black)

B18a/b 482/551ft Par 4



A Pool 551 ft

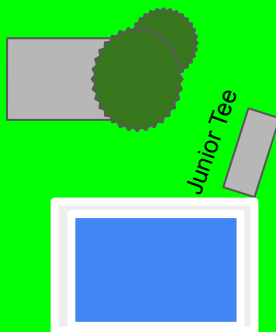



B Pool 482 ft

A Pin 482 ft
B Pin 551 ft

Mandatory (804.01)
If part of a thrown disc clearly enters into a restricted plane, the player receives one penalty throw, Designated dropzone is the Junior Tee, which will be marked

Roads play as HAZARD (806.05)
If Disc is completely surrounded by the Road, play as it lies with a stroke penalty
Gravel parking is safe



<div>  <div> <div>A/B Pool</div> <div>A/B pool Differences</div> </div> </div>						<div>  <div>2025 FCO Cheat sheet</div> </div>					
Palmyra (Black)						Palmyra (Orange)					
Hole	Par	Pro	Am	Pro Hole	Am Hole	Hole	Par	Pro	Am	Pro Hole	Am Hole
1	3	405	405	b	b	1	4	846	675	b	b
2	4	512	512	b	b	2	4	445	445	b	b
3	4	852	680	b	a	3	4	429	429	b	b
4	4	673	547	b	a	4	4	501	501	b	b
5	4	551	551	b	b	5	3	257	257	a	a
6	3	267	267	a	a	6	3	252	252	b	b
7	4	594	594	b	b	7	3	204	204	b	b
8	3	198	198	a	a	8	3	285	259	b	a
9	4	629	629	b	b	9	3	285	285	b	b
10	3	442	442	b	b	10	4	609	609	b	b
11	3	400	400	b	b	11	3	222	222	b	b
12	4	445	445	b	b	12	3	302	302	b	b
13	3	400	400	a	a	13	3	290	290	b	b
14	3	265	265	a	a	14	3	200	200	a	b
15	3	436	436	b	b	15	3	420	420	b	b
16	3	225	225	a	a	CTP 16	4	618	618	a	a
17	3	291	291	a	a	17	4	517	476	b	a
18	4	551	482	b	a	18	4	777	608	b	a
	62	8136	7769				62	7459	7052		



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Palmyra (Orange)



Special TD Notes

Special Rules in play for this hole

1	<p>Elevated Basket- Thanks Quincy Disc Golf Club!</p> <p>Tee locations are different for pools.</p> <p>A pool is long, B short. A Pool tee shots that fail to gain inbounds can choose: decide where the last position the Disc was inbound and play with a stroke penalty or proceed to the B pool Tee (A pool DZ) throwing 3.</p> <p>There are spots on this hole that may contain casual water. Landing inside of Tree protection cages is also casual relief. Play according to 806.03.</p>	<p>(806.02) Out of Bounds - Marked Long Grass Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.</p> <p>806.03 Casual Area (Water) To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play</p>
2	<p>Basket pushed back into the woods, makes for a guarded up shot. Rollaways are likely with poor angle!</p>	<p>Crop Field Plays as OB (806.02) If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty</p>
3	<p>Trees on Left are very thick with little chance to advance. Marked Field on right is OB. Small landing zone on right side. Going long right into trees is also a tough spot!</p>	<p>Crop Field Plays as OB (806.02) If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty</p>
4	<p>Quintessential Orange Hole...a snaking favorite! Avoid the trees off the tee to set yourself up for either the right or left lane to attack the pin from. Crop field is ob, but hard to get to without a treedirection</p>	<p>Crop Field Plays as OB (806.02) If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty</p>
5	<p>Death putt is back! Local favorite, flip hyzers off the tee that push straight, should see you parked! RHFH can find a Backdoor flex line. Take courage and don't leave your putt short!</p>	



2025 Flower City Open Players Guide

Palmyra (Orange)



Hole	Special TD Notes	Special Rules in play for this hole
6	Tricky uphill line with a challenging Position! No OB on this hole, but try to stay on the top and avoid going over the hill side at all costs!	
7	NEW PIN LOCATION First time we have played this in the FCO. RHBH is the normal play, rumor talks about a local RHFH line!!	
8	Pools are throwing to different Pins! A pool throwing longer to the right B pool throwing to the left/center Wooded center guardians makes you choose a line early! Easy 3, if tee shot is placed correctly...Birdies require both power and precision	
9	Rumor has it there is a high RHBH line during Glow rounds...but it's never been witnessed during the day! Try to push to the far hillside but avoiding the ditch either way usually serves best!	(806.03) Casual Area (Water) - To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play
10	No hidden rules or tricks here! It's all about positioning yourself! Stay out of the woods left and long off the tee. Playing for par should gain you strokes, staying out of the woods should get you a par!	Thankful for the Spotters coming out again this year! (805.03) Lost Disc - A player whose disc has been declared lost receives one penalty throw. The next throw is made from the previous lie. FCO does not have DZ's for lost discs



2025 Flower City Open Players Guide



Palmyra (Orange)

Hole	Special TD Notes	Special Rules in play for this hole
11	Tight RHBH line, most have success with a RHFH. Staying up on the green, will give you the best chance at a 2.	(806.03) Casual Area (Water) - To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play
12	One of our most picturesque holes, the Hanging Basket hole is an uphill challenge with punishing trees guarding the left, and a creek on the right. Position Tee shots make a fairly routine 3. Extreme caution if you go right of basket...it's a very small target back!	(806.03) Casual Area (Water) - To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play
13	Blind Tee shot should help you focus on missing the first 3 available trees. Right side trees have been thinned down and reaching the Hazard road is now a possibility. Parking lot at the trailhead will be marked as OB, but not really in play	(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.
14	Simple tunnel Shot?!? Headwinds can play havoc. Small Chance that the "pond" above the basket could catch a treedirection. (Play as casual water)	(806.03) Casual Area (Water) - To obtain relief from a casual area, the player's lie may be relocated without penalty to the nearest lie which is farther from the target and is on the line of play



2025 Flower City Open Players Guide



Palmyra (Orange)

Hole	Special TD Notes	Special Rules in play for this hole
15	RHBH friendly hole, trees on left will prohibit any forward progress. Right side long Grass plays as OB. Long brush pile is NOT OB , but should be avoided at all costs! Card mates should help in search. Player has 3 min to find or return to previous established lie. There is no established DZ	(806.02) Out of Bounds - Marked Long Grass Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty. (805.03) Lost Disc - A player whose disc has been declared lost receives one penalty throw. The next throw is made from the previous lie. FCO does not have DZ's for lost discs
16	Winds make this a tricky hole. Don't be fooled by the protected Tee, the Pin located on the berm begs you to layup! Crop Field on left and Marked long grass on right surround this generous fairway. Angle control and use of the berm is possible for players throwing for the center. Skipping OB left or right can ruin your day! Shake it off!!	(806.02) Out of Bounds - Marked Long Grass Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty. (806.02) Out of Bounds - Crop Field Plays as OB If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty (806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.



2025 Flower City Open Players Guide



Palmyra (Orange)

Hole	Special TD Notes	Special Rules in play for this hole
17	<p>Pools are throwing to different Pins!</p> <p>A pool throwing longer to the right</p> <p>B pool throwing to the left/center</p> <p>Fore handers dream, there has been successful RHBH rollers placed too! Gravel Road (HAZ) can be a problem wrong wind. The Tunnel second shot, requires placement off the tee.</p>	<p>(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.</p>
18	<p>New Long perm pin for the A pool!</p> <p>Pools are throwing to different Pins!</p> <p>A pool throwing longer to the right</p> <p>B pool throwing to the left/center</p> <p>Try to keep it safe is the name of the game! With both baskets on a peninsula of safety, mostly surrounded by Marked OB Tall Grass</p> <p>Keep it in the short stuff, with short grass on both sides of road safe. Fields on both sides are OB, with Road is a river of Hazard!</p>	<p>(806.02) Out of Bounds - Marked Long Grass Plays as OB - If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty.</p> <p>(806.02) Out of Bounds - Crop Field Plays as OB If Disc is completely surrounded by OB, Card will decide where the last position the Disc was inbound Play from that location with a stroke penalty</p> <p>(806.05) HAZARD - Roads play as Hazards. If Disc is completely surrounded by the Road, play as it lies with a stroke penalty.</p>



2025 FCO Palmyra (Orange) O1b 675/846ft Par 4

A/B pool
diff Tees

Long Grass will
play as OB for
FCO!

Long
Grass will
play as OB
for FCO!

B Pool 675 ft

A Pool 846 ft

Long Grass (Left
and Right) plays
as OB (806.02)
If Disc is
completely
surrounded by
OB, Card will
decide where the
last position the
Disc was inbound
Play from that
location with a
stroke penalty



2025 FCO Palmyra (Orange)

O2b 445ft Par 4



Crop Fields Plays as
OB (806.02)
If Disc is completely surrounded
by OB, Card will decide where
the last position the Disc was
inbound Play from that location
with a stroke penalty

Crop Fields
will play as
OB for FCO!

~~A Pin 310 ft~~
B Pin 445 ft



2025 FCO Palmyra (Orange)

O3b 429ft Par 4

~~A Pin 329 ft~~

B Pin 429 ft



Crop Fields Plays as
OB (806.02)

If Disc is completely surrounded
by OB, Card will decide where
the last position the Disc was
inbound Play from that location
with a stroke penalty

Crop Fields
will play as
OB for FCO!



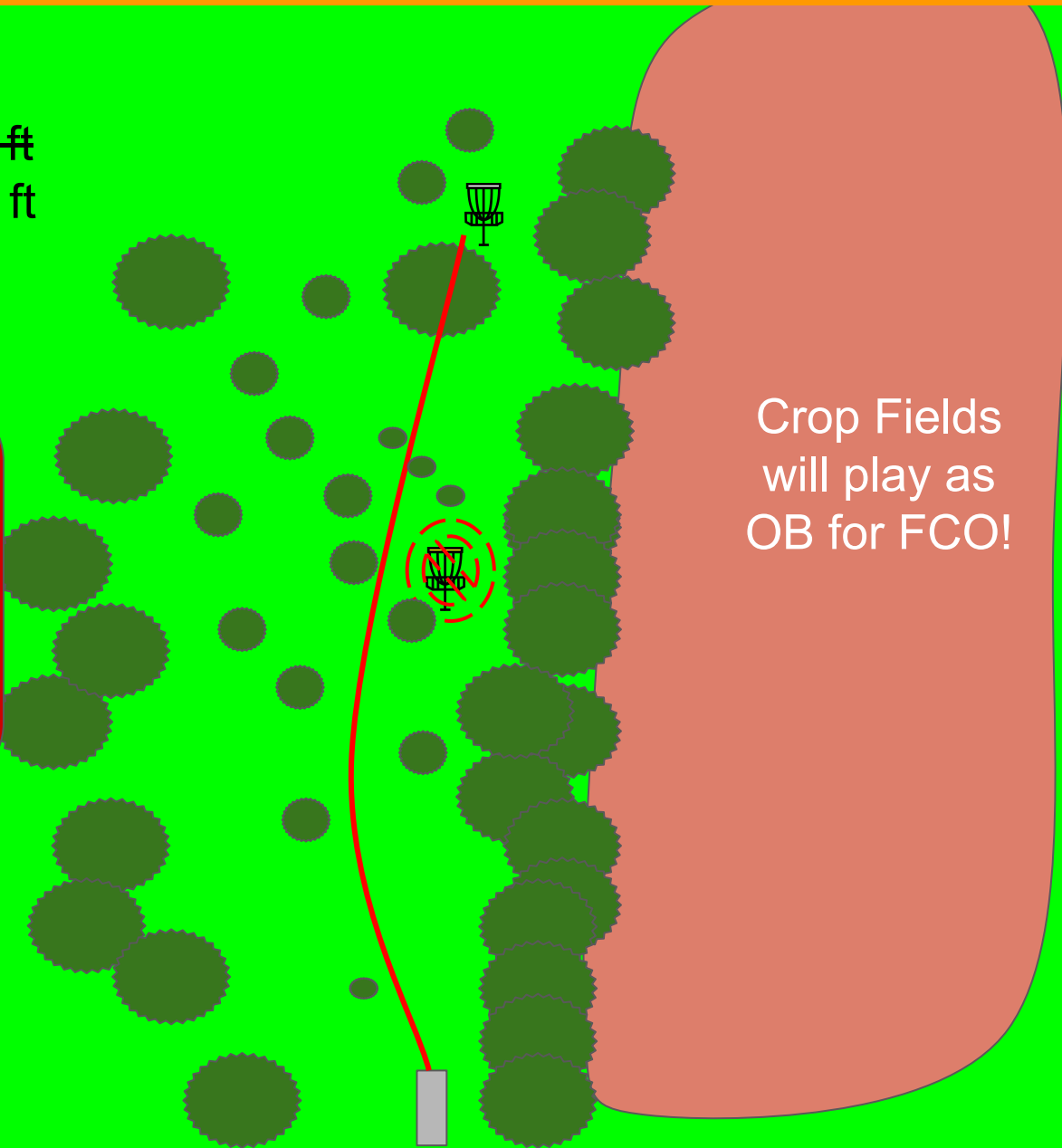
2025 FCO Palmyra (Orange) O4b 501ft Par 4

~~A Pin 299 ft~~

B Pin 501 ft

Crop Fields Plays as
OB (806.02)

If Disc is completely surrounded
by OB, Card will decide where
the last position the Disc was
inbound Play from that location
with a stroke penalty



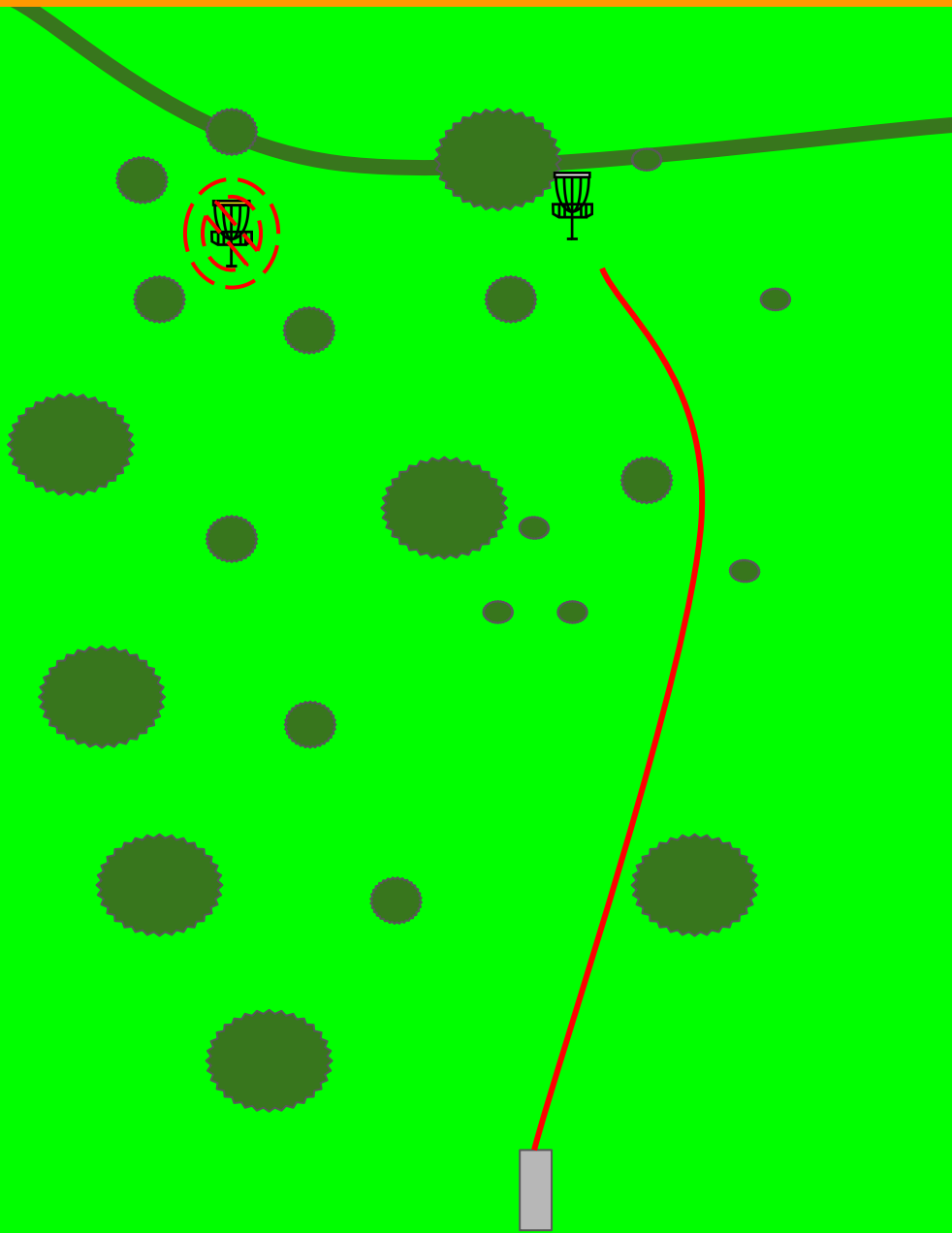
Crop Fields
will play as
OB for FCO!



2025 FCO Palmyra (Orange)

O5a: 257ft Par 3

A Pin 257 ft
~~B Pin 257 ft~~





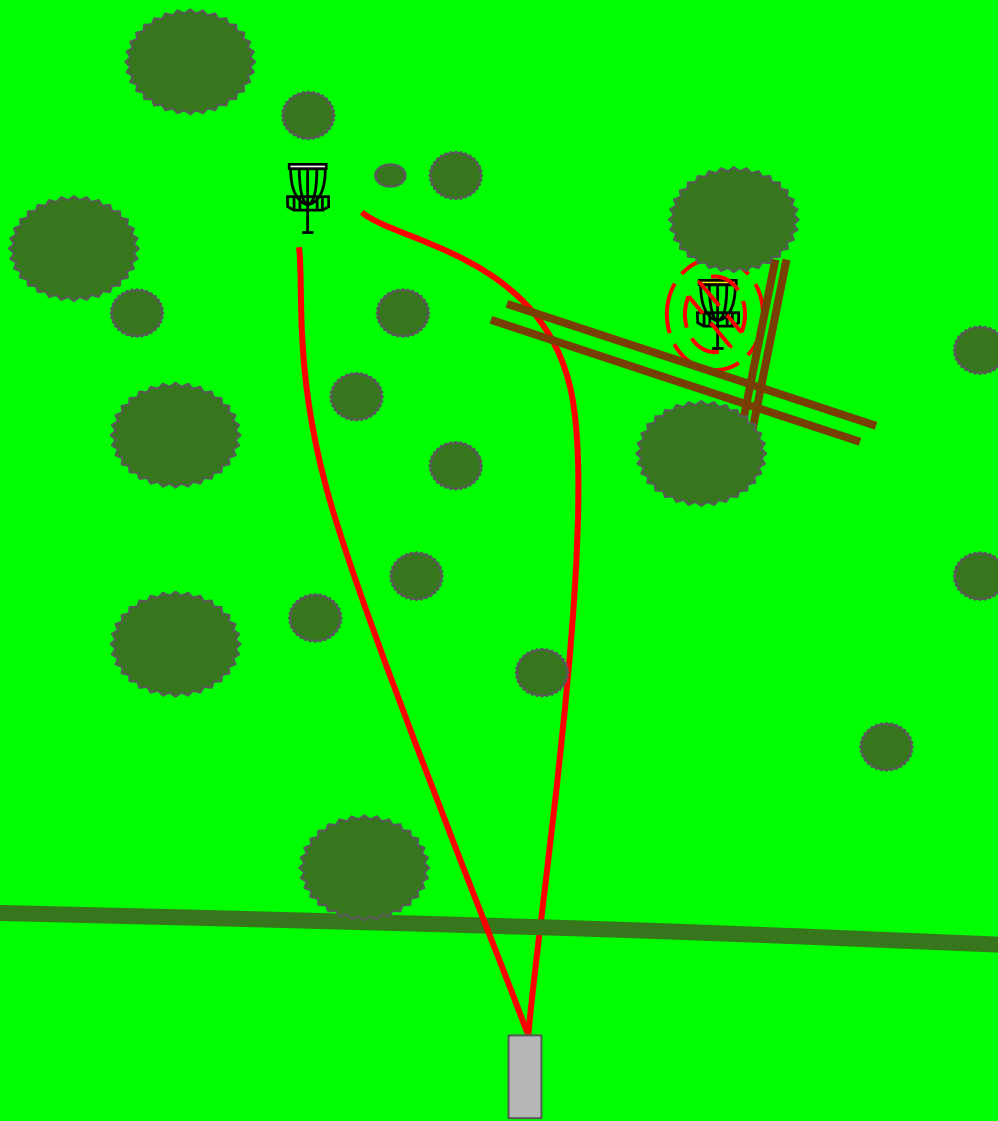
B Pin 252 ft



2025 FCO Palmyra (Orange)

O7b: 204ft Par 3

A Pin 188 ft
B Pin 204 ft





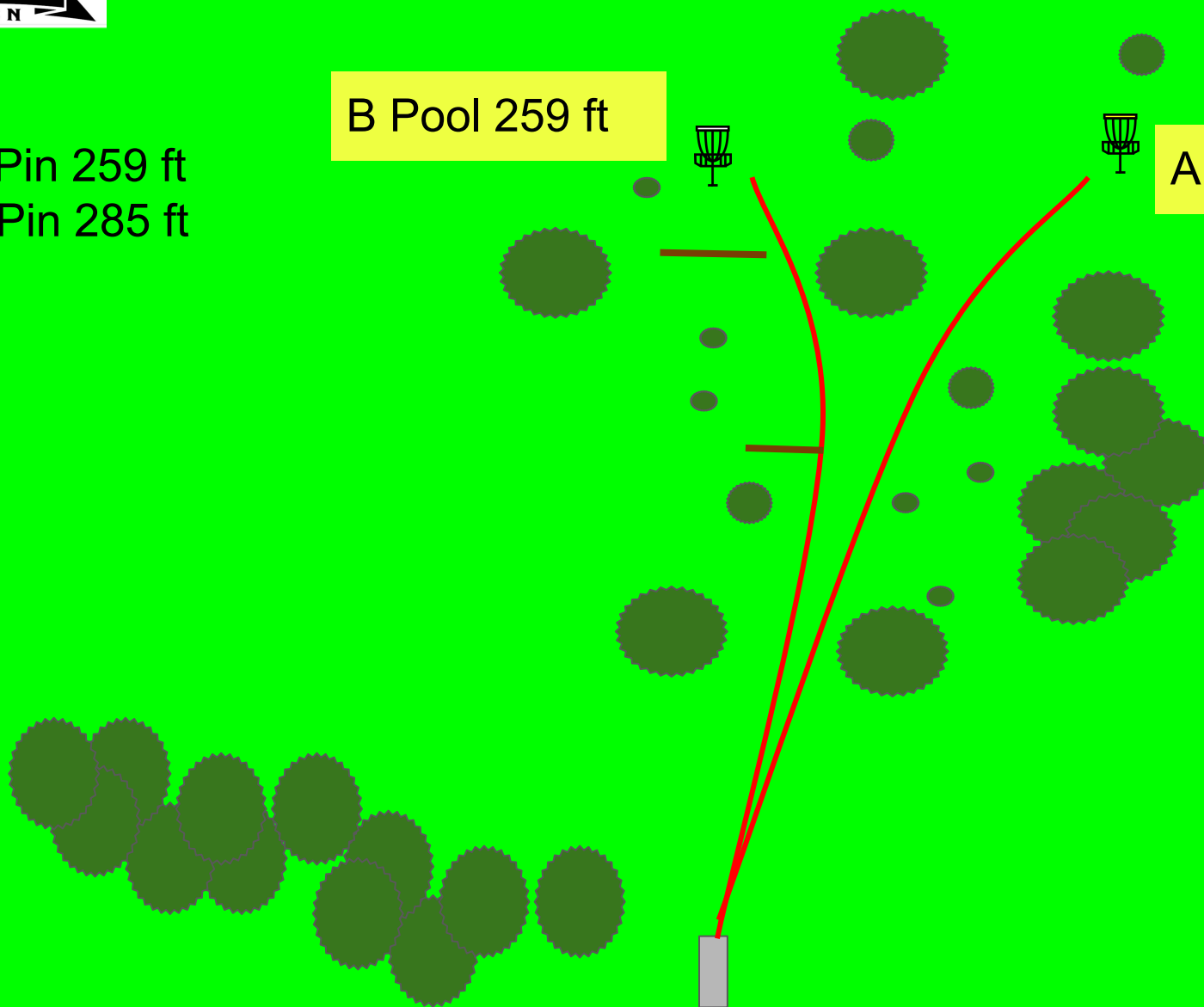
2025 FCO Palmyra (Orange)

O8a/b: 259/285ft Par 3

A Pin 259 ft
B Pin 285 ft

B Pool 259 ft

A Pool 285 ft





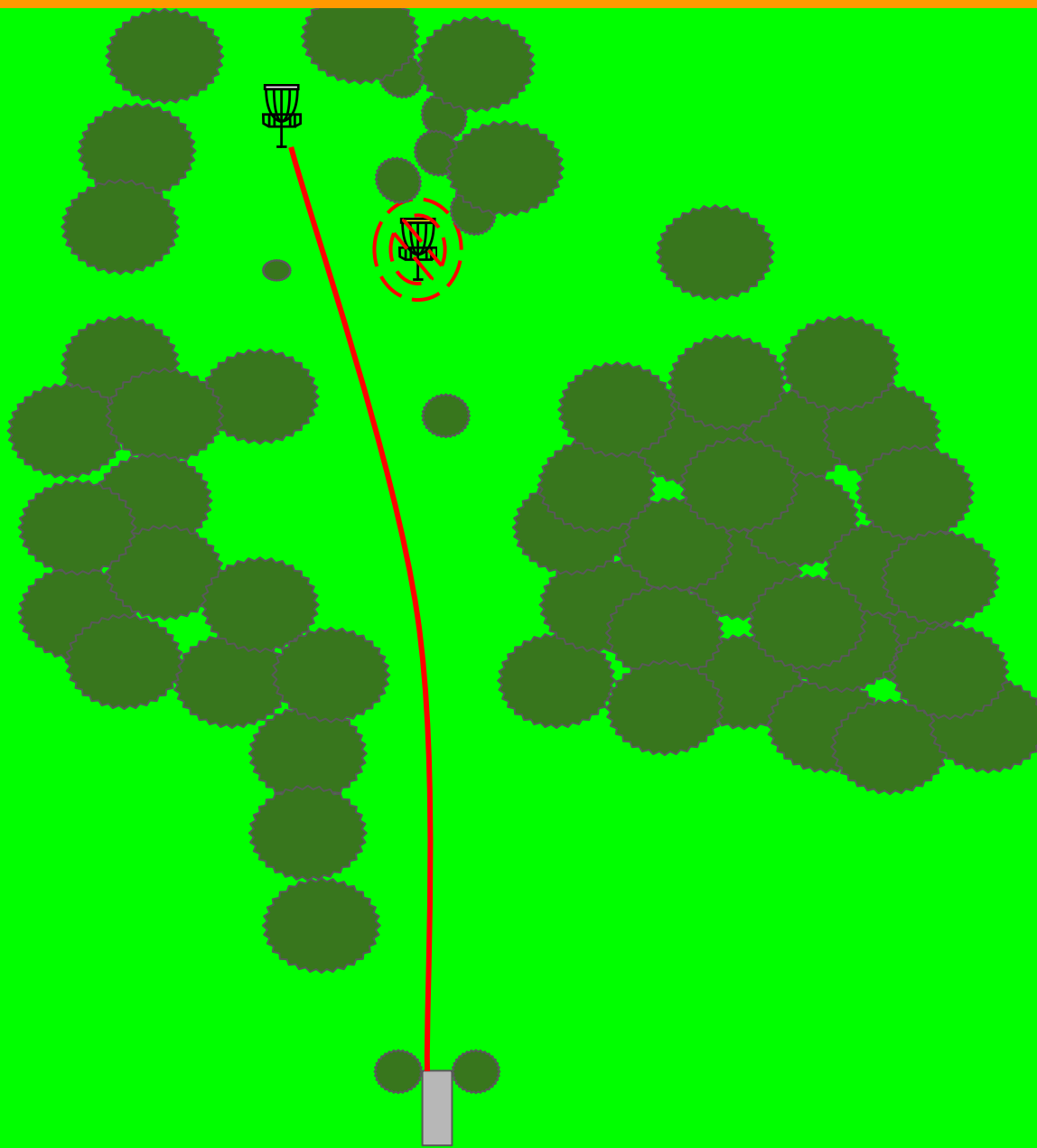
~~A Pin 210 ft~~
B Pin 285 ft



2025 FCO Palmyra (Orange)

O10b: 609ft Par 4

~~A Pin 540 ft~~
B Pin 609 ft





2025 FCO Palmyra (Orange)

O11b: 222ft Par 3

~~A Pin 211 ft~~
B Pin 222 ft





2025 FCO Palmyra (Orange)

O12b: 302ft Par 3

~~A Pin 218 ft~~
B Pin 302 ft





2025 FCO Palmyra (Orange)

O13b: 290ft Par 3





2025 FCO Palmyra (Orange)

O14a: 200ft Par 3

A Pin 200 ft
~~B Pin 297 ft~~





2025 FCO Palmyra (Orange)

O15b: 420ft Par 3

~~A Pin 330 ft~~
B Pin 420 ft

Long Grass Plays as
OB (806.02)
If Disc is completely
surrounded by OB, Card will
decide where the last position
the Disc was inbound Play
from that location with a
stroke penalty





2025 FCO Palmyra (Orange)

O16a: 618ft Par 4

Gravel Road plays as
HAZARD (806.05)

If Disc is completely surrounded by
the Gravel, play as it lies with a
stroke penalty

A Pin 618 ft
~~B Pin 651 ft~~

Crop Fields
will play as
OB for FCO!

Crop Fields Plays as
OB (806.02)

If Disc is completely surrounded
by OB, Card will decide where
the last position the Disc was
inbound Play from that location
with a stroke penalty

Long Grass
will play as
OB for FCO!

Long Grass Plays as
OB (806.02)

If Disc is completely surrounded by
OB, Card will decide where the last
position the Disc was inbound Play
from that location with a stroke
penalty



2025 FCO Palmyra (Orange)

O17a/b: 476/517ft Par 4

A Pin 476 ft
B Pin 517 ft

B Pool 476 ft

A Pool 517 ft

Gravel Road plays as
HAZARD (806.05)
If Disc is completely surrounded by
the Gravel, play as it lies with a
stroke penalty



2025 FCO Palmyra (Orange)

O18a/b: 608/777ft Par 4

B Pool 608 ft

Long Grass will
play as OB

A Pool 777 ft

Crop Fields
will play as
OB for FCO!

Crop Fields
will play as
OB for FCO!

A Pin 608 ft
B Pin 777 ft

Long Grass Plays as
OB (806.02)
If Disc is completely surrounded by
OB, Card will decide where the last
position the Disc was inbound Play
from that location with a stroke penalty

Gravel Road plays as
HAZARD (806.05)
If Disc is completely
surrounded by the Gravel, play
as it lies with a stroke penalty

Crop Fields Plays as
OB (806.02)
If Disc is completely surrounded by OB,
Card will decide where the last position
the Disc was inbound Play from that
location with a stroke penalty

2025 FCO Palmyra (Orange) Players Guide

2025 FCO Palmyra (Black) Players Guide





Welcome back!

Palmyra Parks and Recreation

with the

Palmyra Flying Disc Club Have been busy since the Last FCO!



9 new Holes with
Tees coming in
Summer of 2025

7 Differences
between a/b
pools



Flower City Open

WhatsApp Group



WhatsApp Group
for communication
before/during the
FCO Tournament

For communication leading up to and during the Tournament!
Practice rounds and notifications during the Tournament

<https://chat.whatsapp.com/HMNslBcXSNq1ioTmoYrOBo>

<div>  <div> <div>A/B Pool</div> <div>A/B pool Differences</div> </div> </div>						<div>  <div>2025 FCO Cheat sheet</div> </div>					
Palmyra (Black)						Palmyra (Orange)					
Hole	Par	Pro	Am	Pro Hole	Am Hole	Hole	Par	Pro	Am	Pro Hole	Am Hole
1	3	405	405	b	b	1	4	846	675	b	b
2	4	512	512	b	b	2	4	445	445	b	b
3	4	852	680	b	a	3	4	429	429	b	b
4	4	673	547	b	a	4	4	501	501	b	b
5	4	551	551	b	b	5	3	257	257	a	a
6	3	267	267	a	a	6	3	252	252	b	b
7	4	594	594	b	b	7	3	204	204	b	b
8	3	198	198	a	a	8	3	285	259	b	a
9	4	629	629	b	b	9	3	285	285	b	b
10	3	442	442	b	b	10	4	609	609	b	b
11	3	400	400	b	b	11	3	222	222	b	b
12	4	445	445	b	b	12	3	302	302	b	b
13	3	400	400	a	a	13	3	290	290	b	b
14	3	265	265	a	a	14	3	200	200	a	b
15	3	436	436	b	b	15	3	420	420	b	b
16	3	225	225	a	a	CTP 16	4	618	618	a	a
17	3	291	291	a	a	17	4	517	476	b	a
18	4	551	482	b	a	18	4	777	608	b	a
	62	8136	7769				62	7459	7052		

[illegible]

<div>  <div> <div>A/B Pool</div> <div>A/B pool Differences</div> </div> </div>						<div>  <div>2025 FCO Cheat sheet</div> </div>					
Palmyra (Black)						Palmyra (Orange)					
Hole	Par	Pro	Am	Pro Hole	Am Hole	Hole	Par	Pro	Am	Pro Hole	Am Hole
1	3	405	405	b	b	1	4	846	675	b	b
2	4	512	512	b	b	2	4	445	445	b	b
3	4	852	680	b	a	3	4	429	429	b	b
4	4	673	547	b	a	4	4	501	501	b	b
5	4	551	551	b	b	5	3	257	257	a	a
6	3	267	267	a	a	6	3	252	252	b	b
7	4	594	594	b	b	7	3	204	204	b	b
8	3	198	198	a	a	8	3	285	259	b	a
9	4	629	629	b	b	9	3	285	285	b	b
10	3	442	442	b	b	10	4	609	609	b	b
11	3	400	400	b	b	11	3	222	222	b	b
12	4	445	445	b	b	12	3	302	302	b	b
13	3	400	400	a	a	13	3	290	290	b	b
14	3	265	265	a	a	14	3	200	200	a	b
15	3	436	436	b	b	15	3	420	420	b	b
16	3	225	225	a	a	CTP 16	4	618	618	a	a
17	3	291	291	a	a	17	4	517	476	b	a
18	4	551	482	b	a	18	4	777	608	b	a
	62	8136	7769				62	7459	7052		

[illegible]



Mando



FCO...This is the Way





Mando



FCO...This is the Way





Flower City Open

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Practice rounds and notifications during the Tournament

<https://chat.whatsapp.com/HMNslBcXSNq1ioTmoYrOBo>



Janet Dearing

@Janet-Dearing-1



venmo

\$10 Per meal
Thanks!

