

# CADDIEBOK

**STEINKJER OPEN 2023 SPONSET AV**

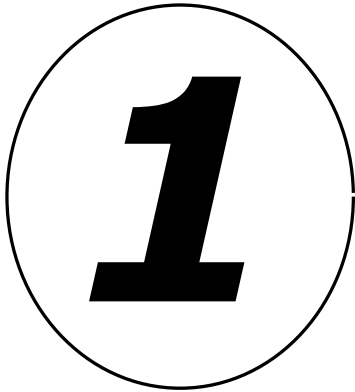


**FRISBEEBUTIKKEN**

**2.-3. SEPTEMBER**

# Lerkehaug Frisbeeane



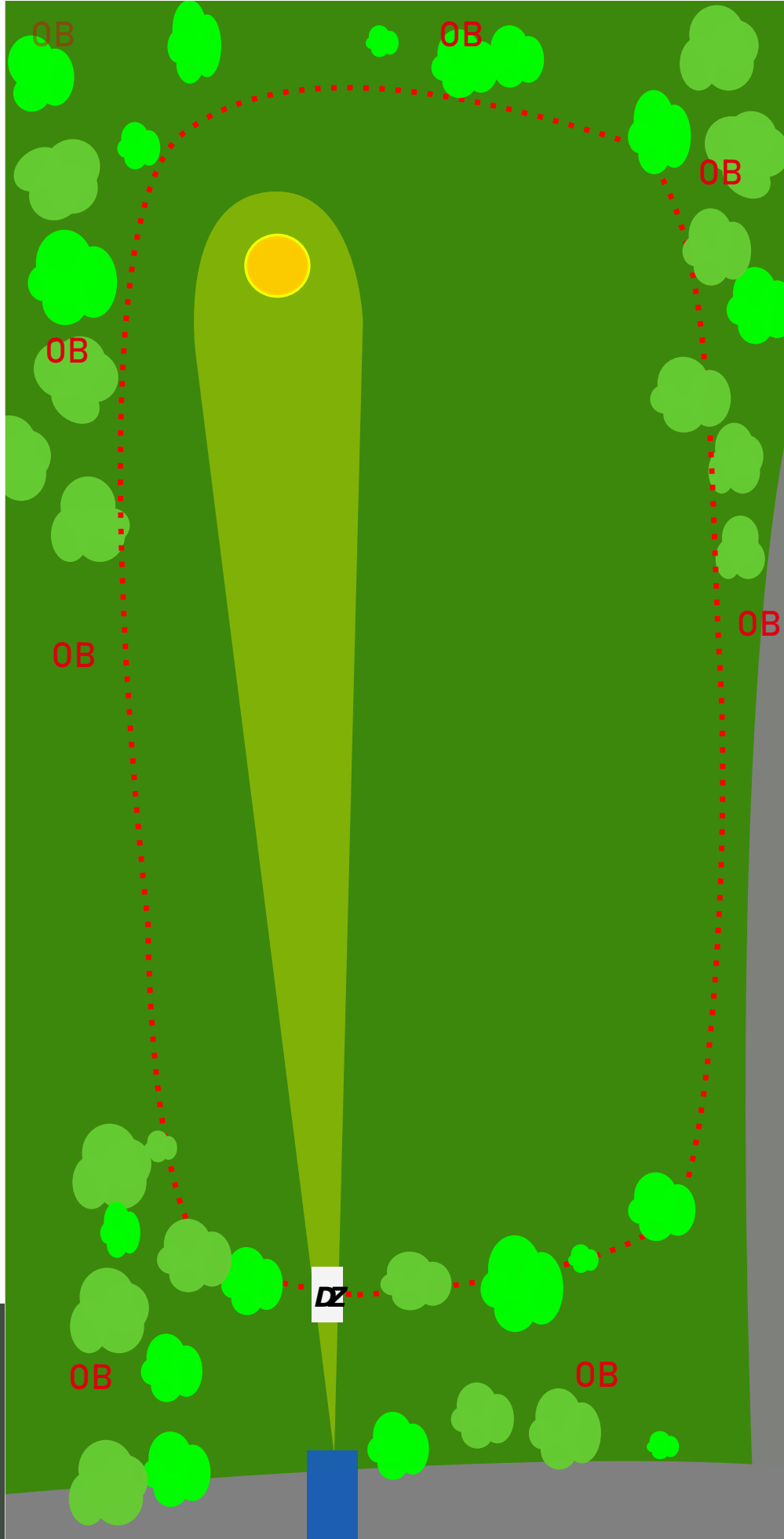


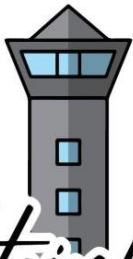
**Par 3**  
**142m**

Her må du lande god.  
Vanlig OB regel  
Om du ikke kommer  
fram til øyen går du til  
Dropzone.



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*Steinkjer*

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2

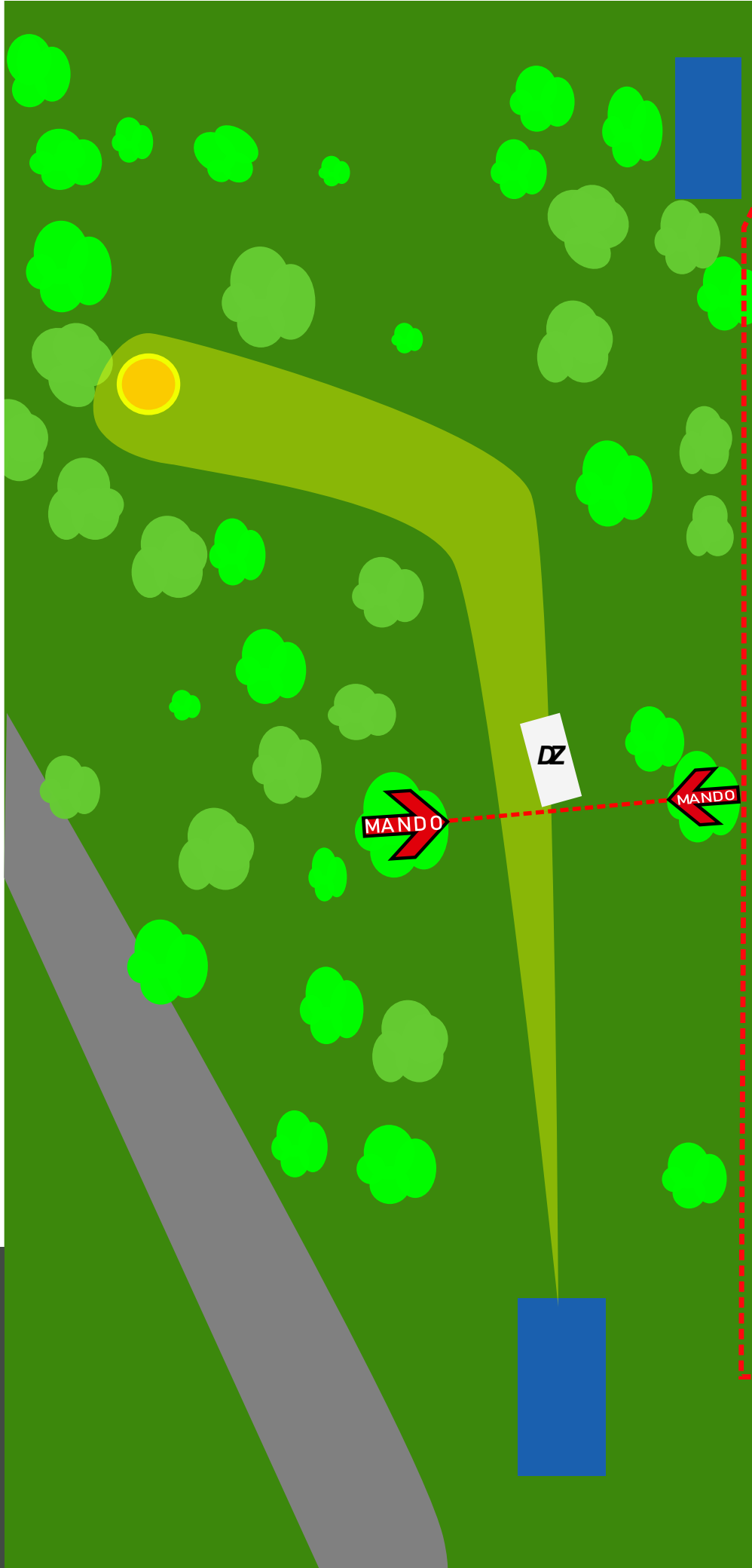
**Par 3**

**75m**

Trippelmando med DZ.  
OB på parkeringsplass  
til høyre.



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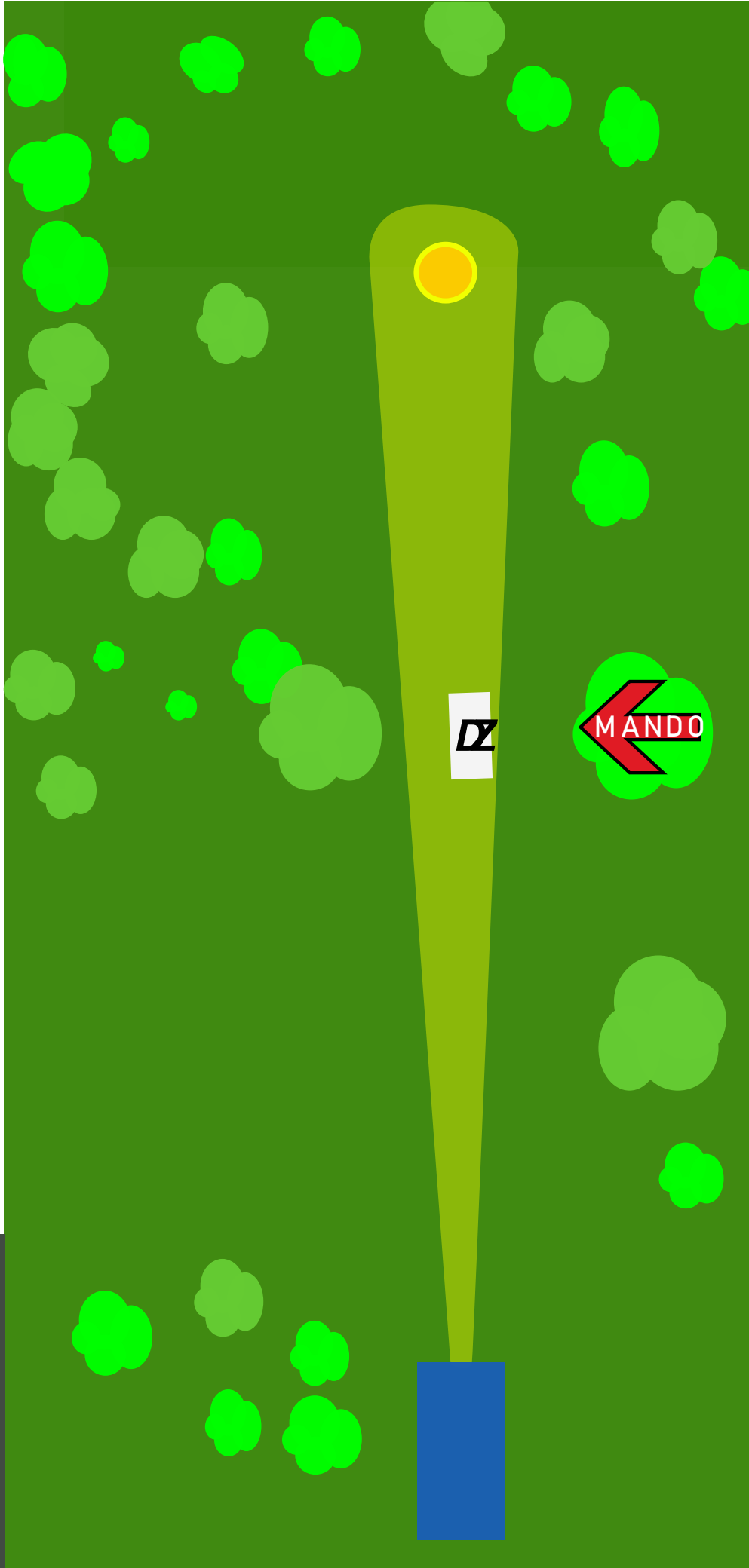
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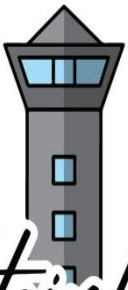
**66m**

Mando venstre med  
DZ



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**Par 3**

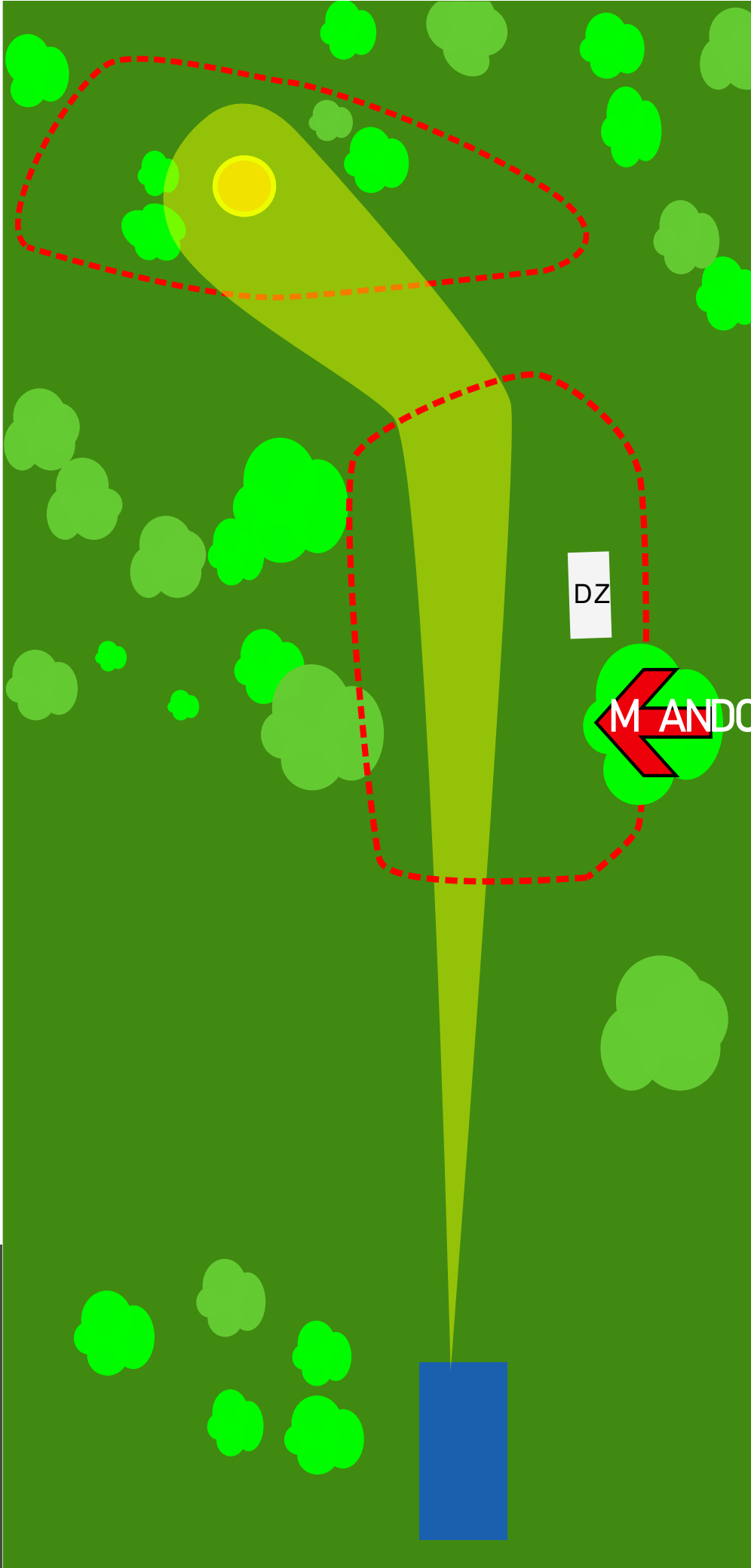
**73m**

Her må du lande god på en av øyene. Ellers går du til DZ.

Påkast nr. 2 gjelder vanlig OB regel.



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**5**

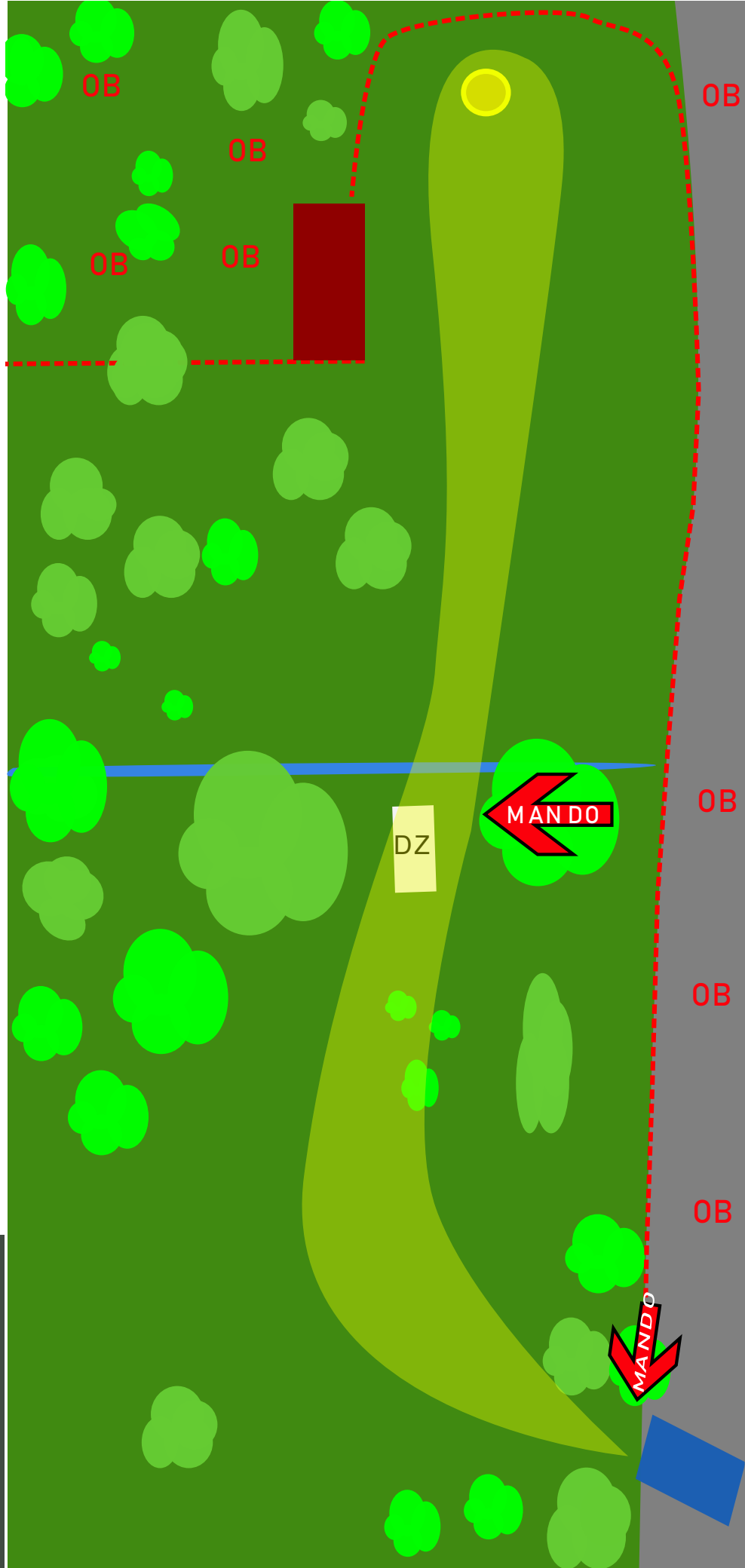
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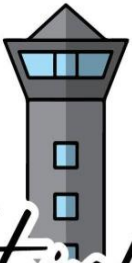
**157m**

Ob vei og over. Misser du første kast må du kaste på nytt.  
Bom på mando nr.2 gir kast fra DZ.  
Pass på spillere på tee hull 6



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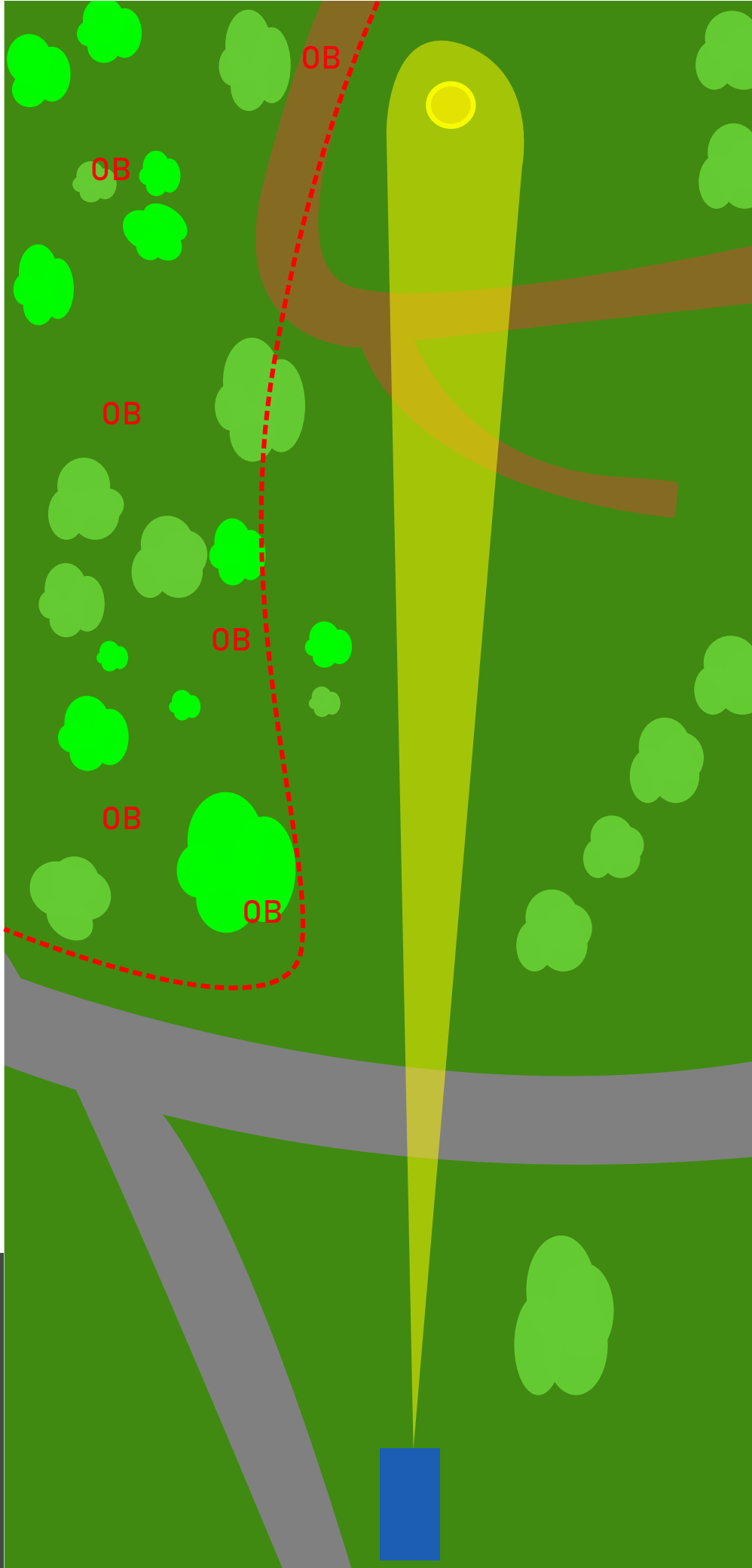
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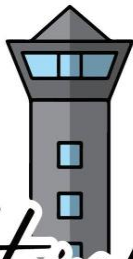
***126m***

OB venstre med vanlig  
OB regel



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**Par 3**

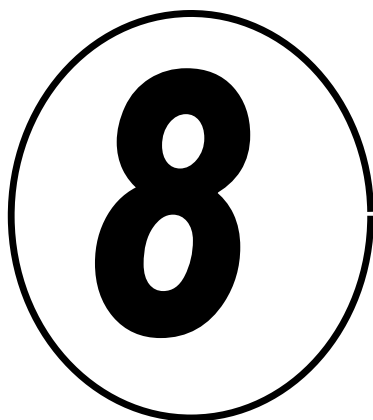
**89m**

Vær varsom for turgåere på sti som går på siden. Kan også være smart å gå fram i svingen å se om det er klart



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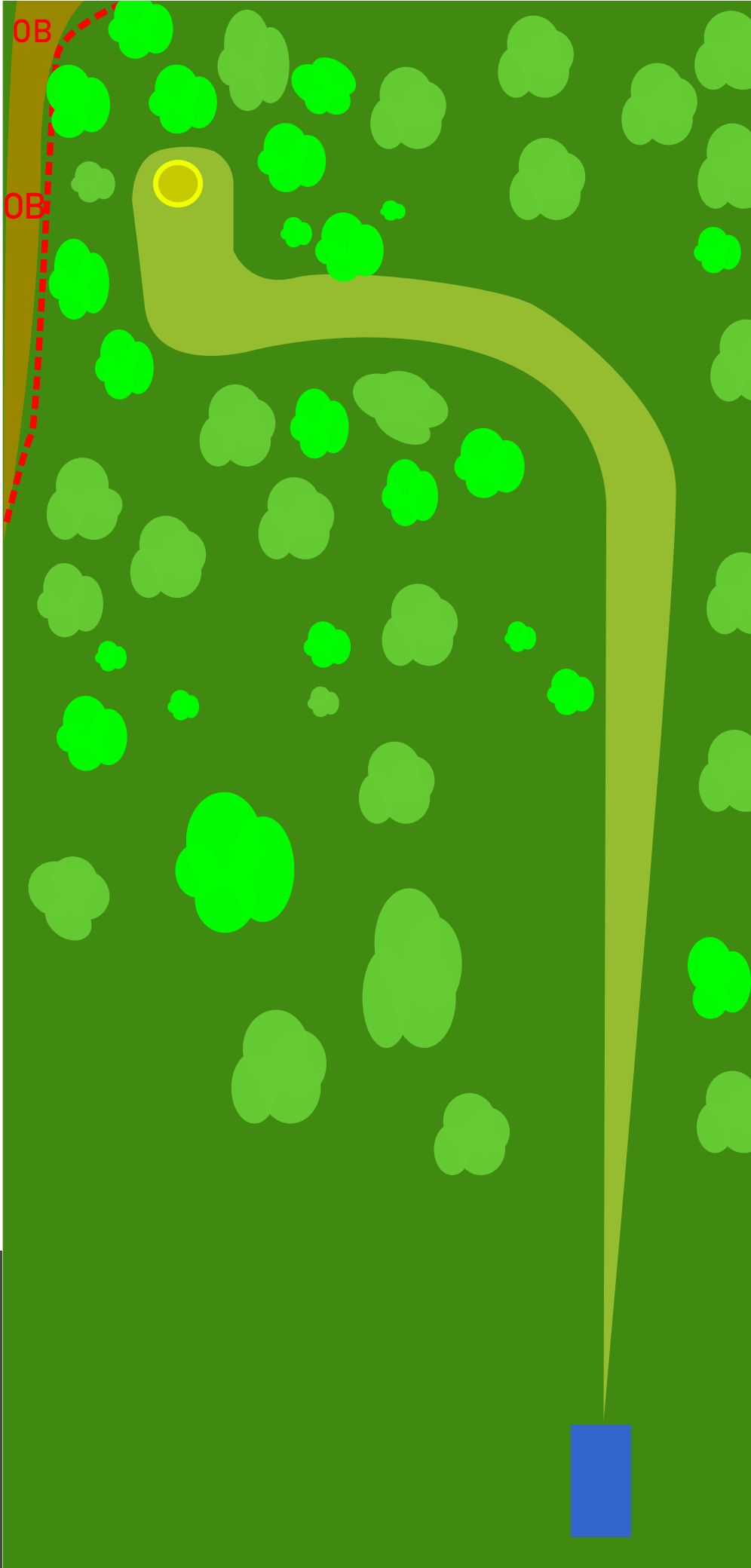
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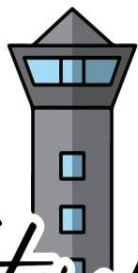
**122m**

OB på og over sti bak  
kurv

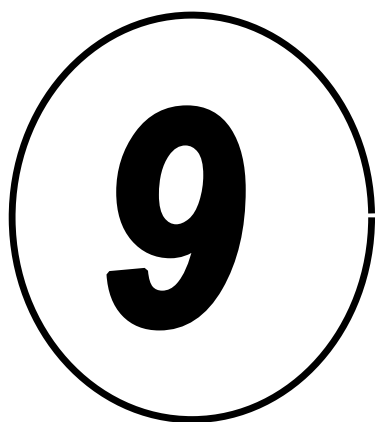


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**Par 3**

**55m**

OB på og over sti bak  
kurv.

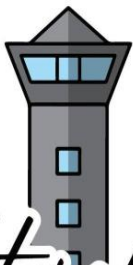
Vær ekstra varsom for  
turgåere.

Frisbeekasting har  
vikeplikt



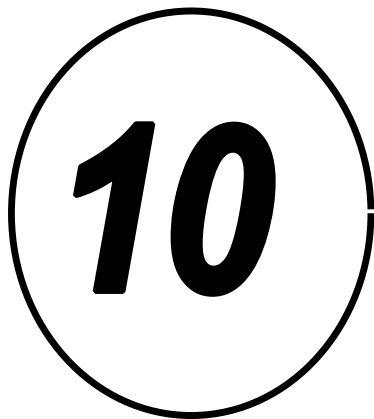
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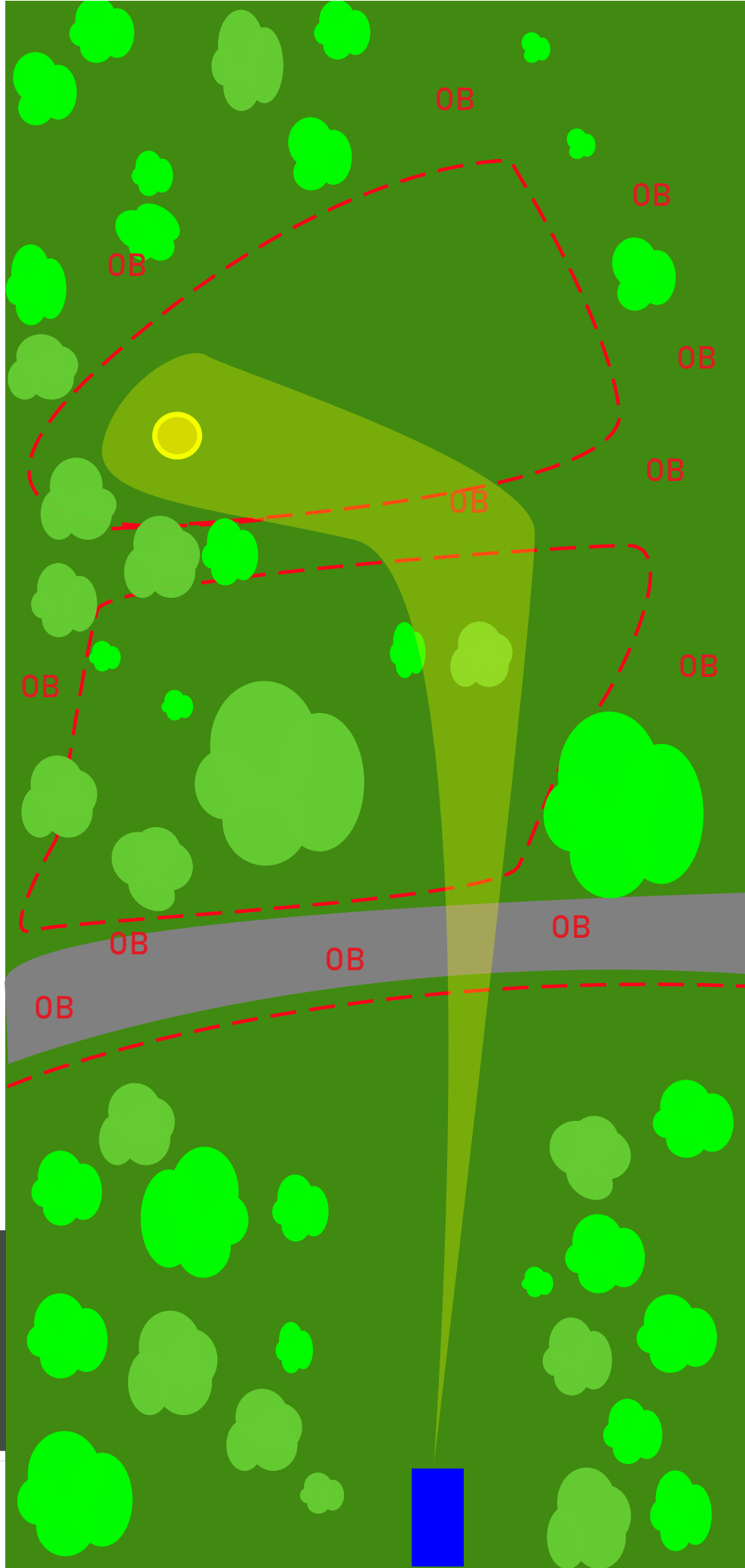


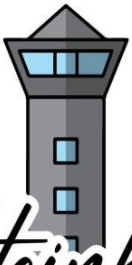
**Par 3**

**81m**

3 gode områder som vist på kart.

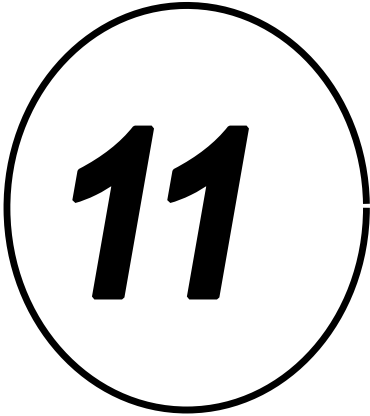
Her spilles vanlig OB regel





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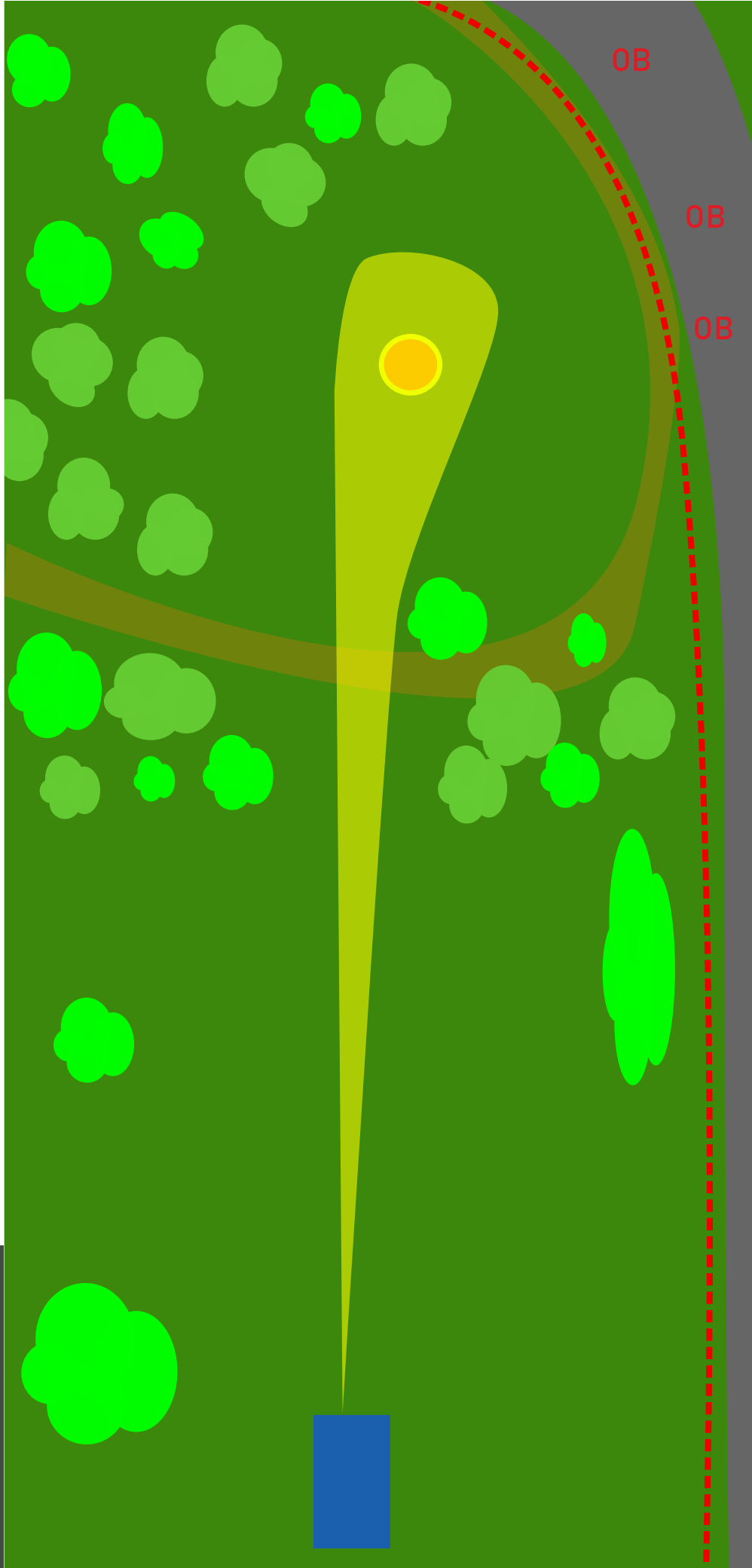
**Par 3**

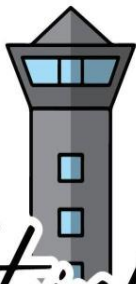
**81m**

OB til høyre og bak  
kurv med vanlig OB  
regel



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**12**

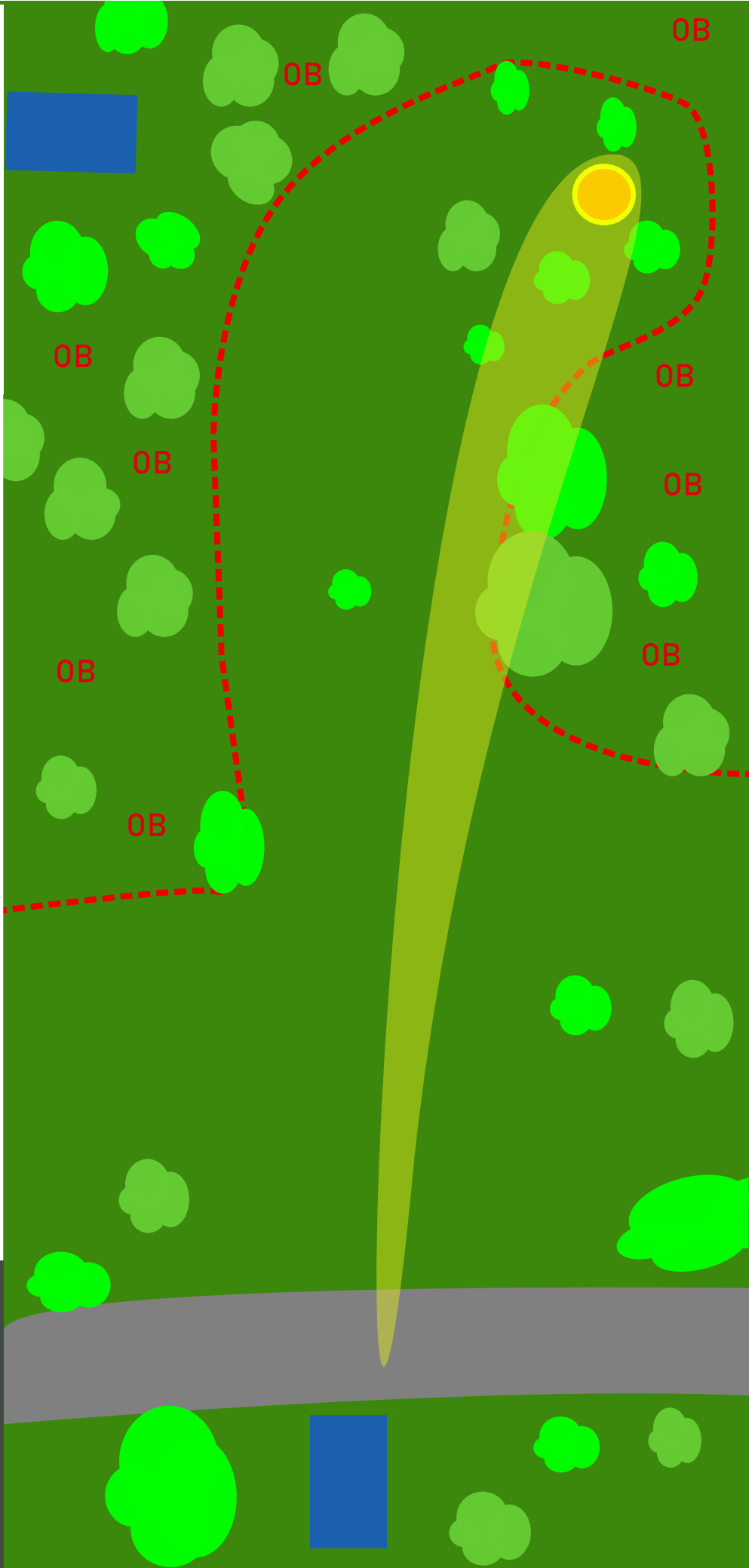
**Par 3**

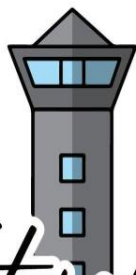
**77m**

OB rundt hele området.  
Vær varsom for folk på  
tee`en på hull 13



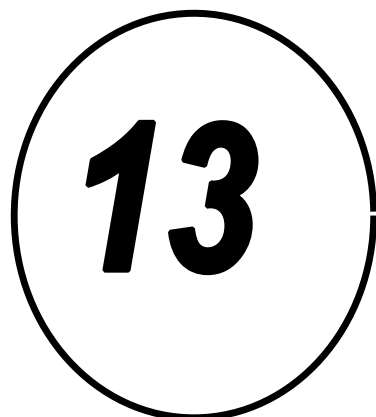
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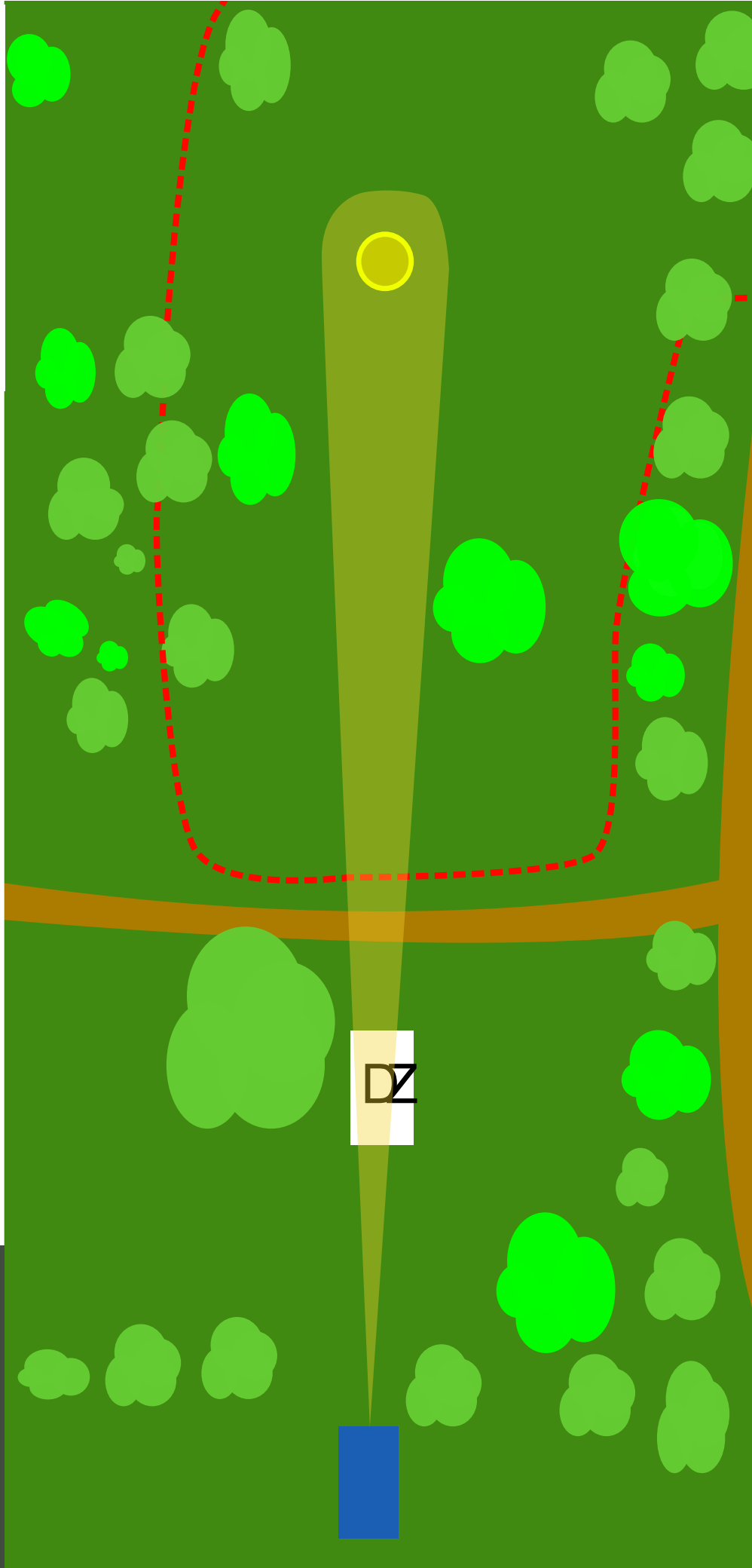
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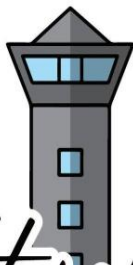
**82m**

OB øy. Her må du lande god på kast 1 ellers må du kaste fra DZ. Etter kast 1 gjelder vanlig OB regel



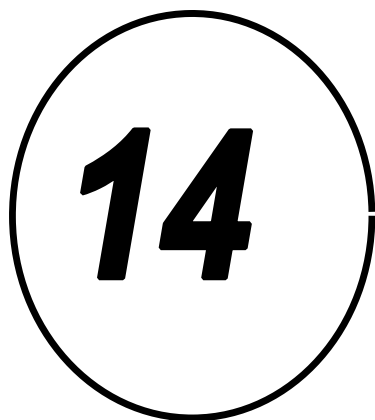
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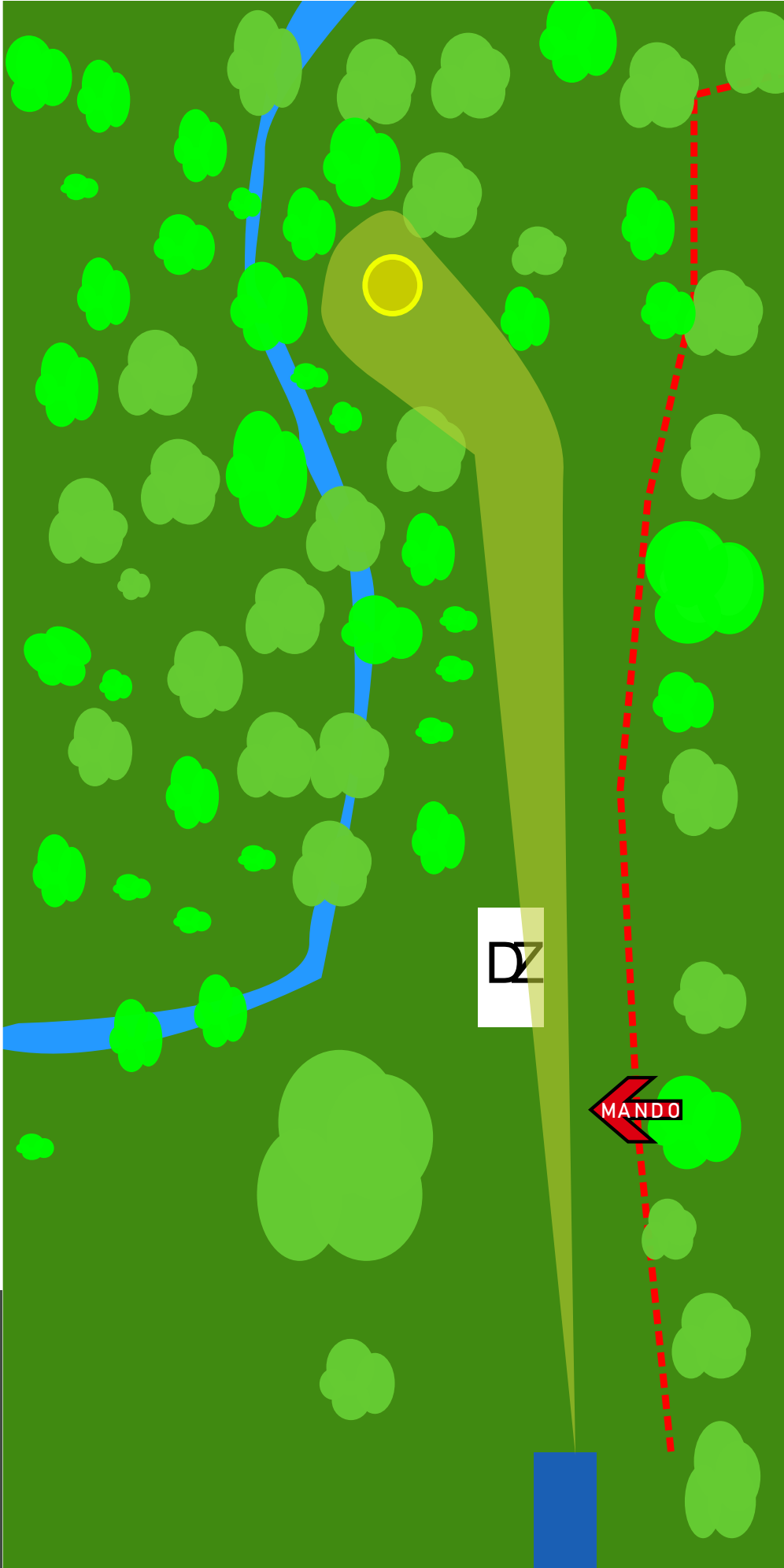
**Par 3**

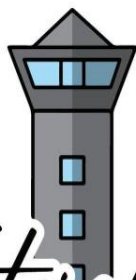
**90m**

Mando venstre. DZ er  
merket. Ellers vanlig  
OB regel



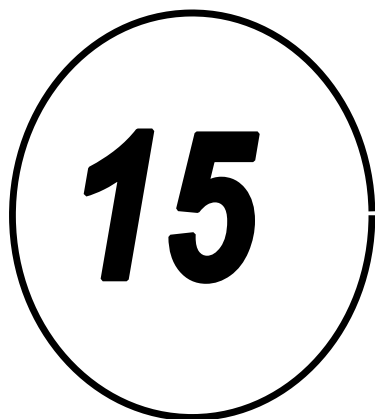
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**Par 4**

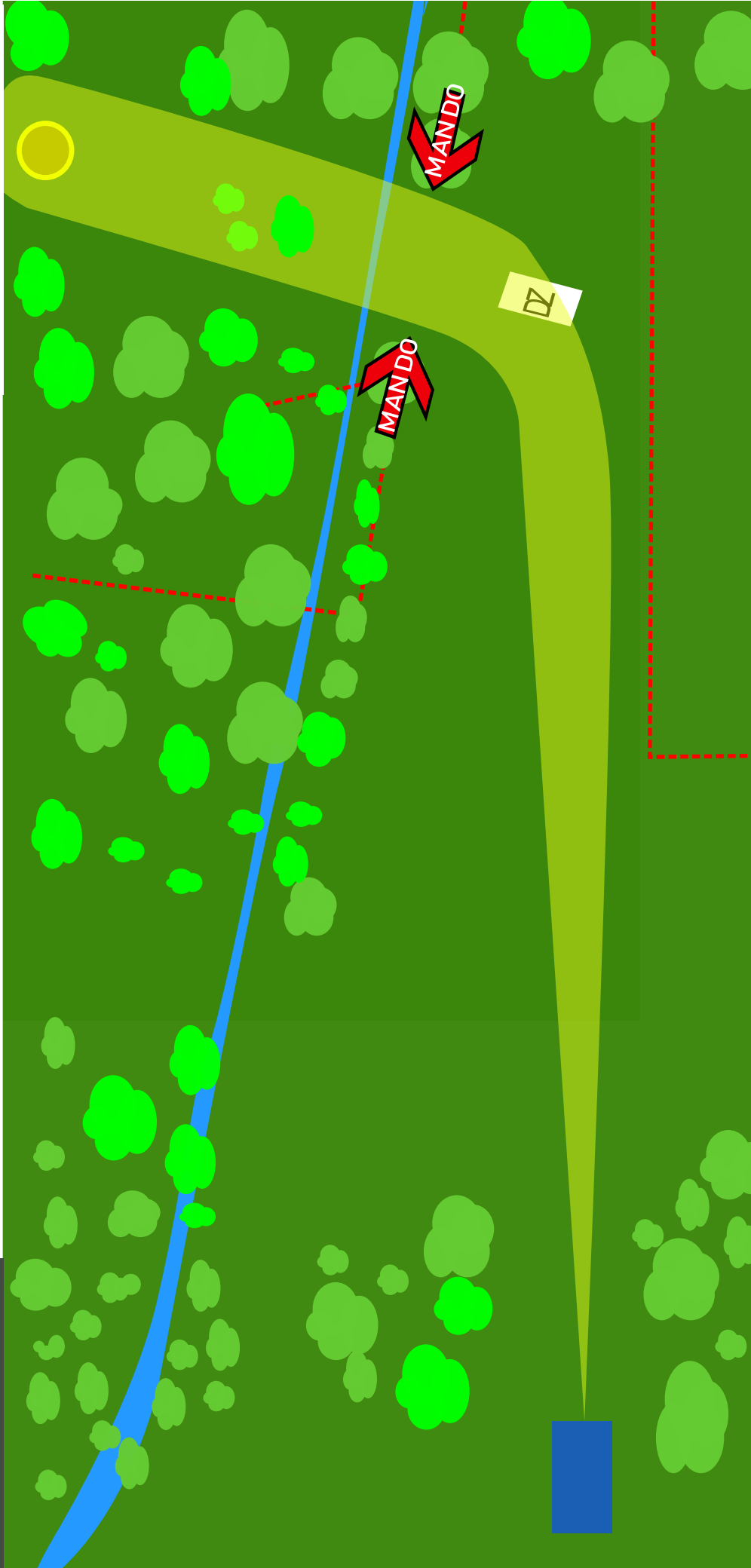
**128m**

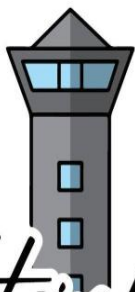
Dobbelmando med DZ.

Vanlig OB regel til venstre. Område til høyre er Hazard! Husk kryssende fairway fra hull 18



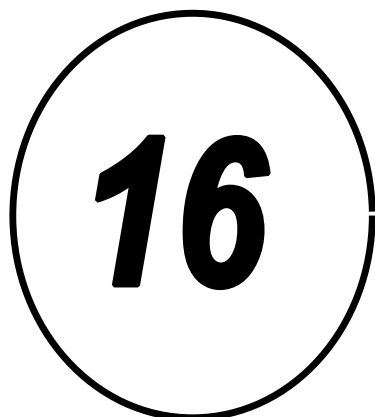
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**Par 4**

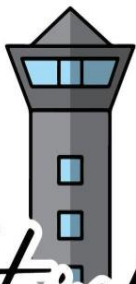
**95m**

Mando venstre tidlig med retee ved miss.  
Vær oppmerksom på spillere på hull 17 som går parallelt på venstre side av fairway og kurv



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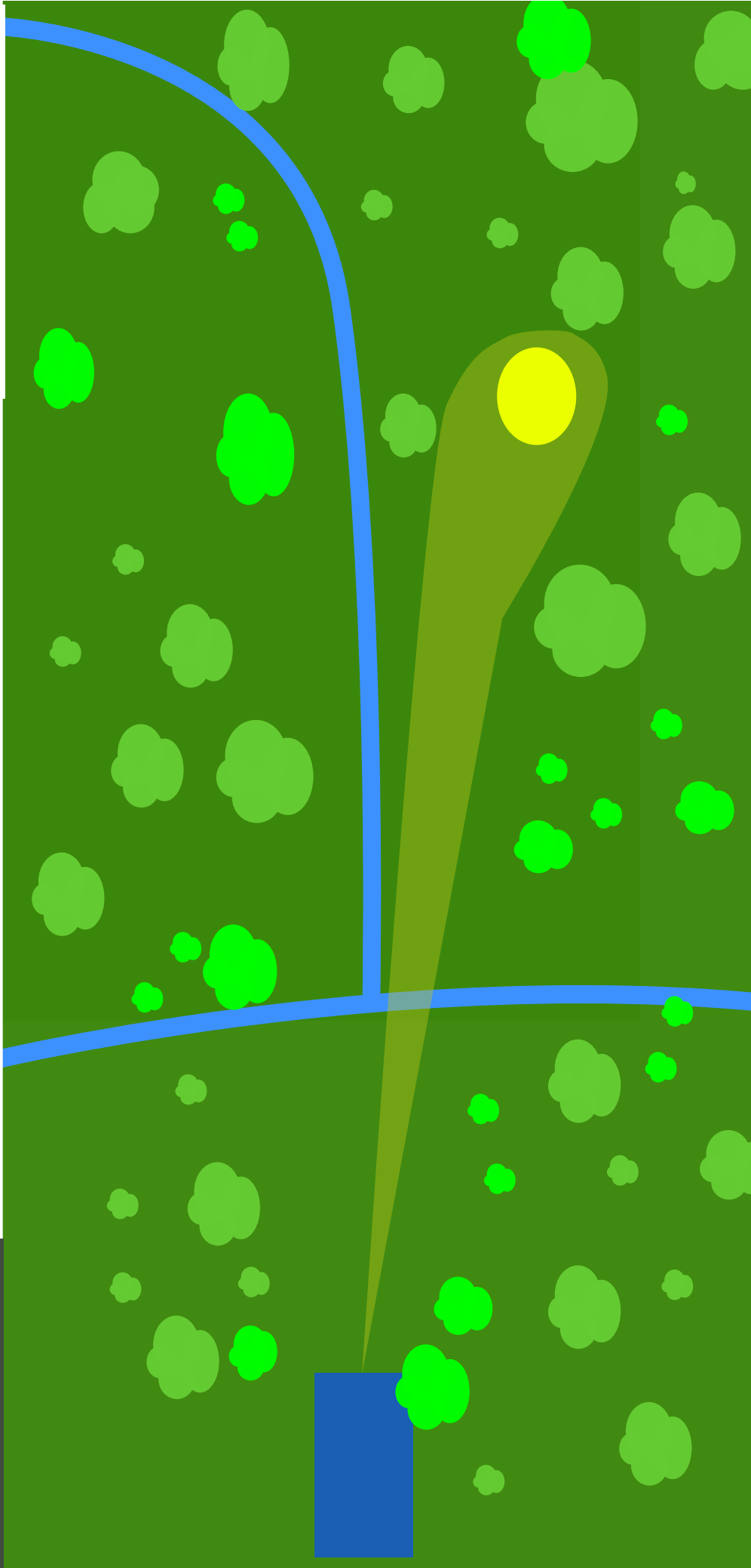
**17**

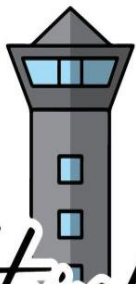
**Par 3**

**48m**



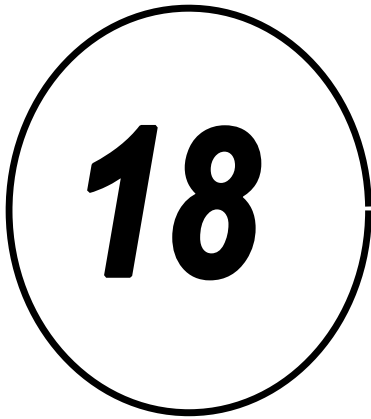
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**Par 4**

**134m**

Hazard til venstre.  
Husk at fairwayen  
krysser hull 15 så  
vær oppmerksom



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